

Aging & Adult Services  
400 Ellinwood Way  
Pleasant Hill, CA 94523  
(925) 602-4172 – Office



**PLEASE CONTACT ANTHONY MACIAS (925) 602-417 5 IF YOU ARE UNABLE TO MAKE THIS MEETING WITHIN 24 HOURS OR IF YOU ARE LATE**

**Cell Phone Reminder:**  
Please turn your cell phone off or switch to vibration mode during meetings.

**Planning Committee**  
**Tuesday, January 8, 2019 • 9:30 – 11:30 a.m.**  
**500 Ellinwood, **Corner Conference Room**, Pleasant Hill**  
**(NOTE: change of room for this meeting only)**

## AGENDA

- 9:30     **Welcome and Announcements**  
          **Public Comment on Agenda Items**  
          **Approve January Agenda**  
          **Approval of the December Minutes**
- 9:45     Contractor's Presentation: Meals on Wheels Diablo Region
- Friendly Visitors
  - Health Promotion
  - Devices
  - SNAP-Ed
  - *(New Standing Agenda Item from December 2018 minutes)* Ask contractors if their services help with any Mental Health services or the like?

**Program Manager's Report – Laura Cepoi**

### Project Updates

- Community Connect Project

### Plan Next Agenda / Meeting

- Next Meeting: Tuesday, February 5, 9:30-11:30, 500 Ellinwood, in the Corner Conference Room)
- Presentation: Neely McElroy, Division Manager, Community Connect (suggested in December 2018 minutes) ?

### Items for Executive Committee?

### Public Comment

11:30     **Adjourn**

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 602-4175 and ask for Anthony Macias at least 48 hours in advance of the meeting. **(To best arrange such accommodations, we would appreciate requests being made at least 72 hours in advance of the meeting.)**

THE CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING IS APPOINTED BY THE BOARD OF SUPERVISORS TO ADVISE THE AREA AGENCY ON AGING ON ALL MATTERS RELATED TO THE DEVELOPMENT AND ADMINISTRATION OF THE ANNUAL AREA AGENCY PLAN AND OPERATIONS CONDUCTED THEREUNDER, IN ACCORDANCE WITH MANDATES FROM THE OLDER AMERICANS ACT. ANY COMMENTS OR RECOMMENDATIONS MADE BY THE COUNCIL OR ITS INDIVIDUAL MEMBERS DO NOT REPRESENT THE OFFICIAL POSITION OF THE COUNTY OR ANY OF ITS OFFICERS.