

**Contra Costa County
Advisory Council on Aging**

Aging & Adult Services
400 Ellinwood Way
Pleasant Hill, CA 94523
(925) 602-4172 – Office
(925) 602-4178 - Fax



Health Workgroup

Thursday, January 12, 2023 • 9:30 – 11:30 a.m.

Zoom: <https://cccounty-us.zoom.us/j/84477205042?pwd=MENtSXU4eGpBeGZTQmpRYnBsbzY2dz09>
Password: 767669 By Telephone: USA (214) 765-0478 Conference code: 445291

AGENDA

- 9:30 Open meeting: Jennifer Doran
Adopt Today's Agenda
Approve December, 2022 Minutes
- 9:40 Aging in Place Brochure Committee Update: Sara Shafiabady, Michelle Berman
- 9:45 Presentation: Heavinlei Olmos, Navigator - Family Justice Center
Contra Costa County Elder Abuse Prevention Project
- 10:20 Break
- 10:30 Brainstorm: Elder abuse presentations
- 10:40 Member Reports:
- AARP – Nuru Neemuchwalla
 - Dementia/Alzheimer's – Eric Freitag
 - Elder Abuse Prevention – Terri Tobey
 - Caregiver Resources – Terri Tobey
 - Nursing Homes – Susan Frederick
 - Nutrition – Caitlin Sly
 - Racial/Ethnic Disparities – Dennis Yee
- 11:15 Future Presentations
- 11:25 Public Comment
- 11:30 Adjourn

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 602-4175 at least 48 hours in advance of the meeting. **(To best arrange such accommodations, we would appreciate requests being made at least 72 hours in advance of the meeting.)**

THE CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING IS APPOINTED BY THE BOARD OF SUPERVISORS TO ADVISE THE AREA AGENCY ON AGING ON ALL MATTERS RELATED TO THE DEVELOPMENT AND ADMINISTRATION OF THE ANNUAL AREA AGENCY PLAN AND OPERATIONS CONDUCTED THEREUNDER, IN ACCORDANCE WITH MANDATES FROM THE OLDER AMERICANS ACT. ANY COMMENTS OR RECOMMENDATIONS MADE BY THE COUNCIL OR ITS INDIVIDUAL MEMBERS DO NOT REPRESENT THE OFFICIAL POSITION OF THE COUNTY OR ANY OF ITS OFFICERS.