

**Contra Costa County  
Advisory Council on Aging**

**PLEASE CALL (925) 602-4175 IF  
YOU ARE UNABLE TO MAKE  
THIS MEETING WITHIN 24  
HOURS OR IF YOU ARE LATE**

Aging & Adult Services  
300 Ellinwood Way  
Pleasant Hill, CA 94523  
(925) 602-4175 – Office



Cell Phone Reminder:  
Please turn your cell phone off  
or switch to vibration mode  
during meetings.

**Health Workgroup**

**Thursday, January 13, 2022 • 9:30 – 11:30 a.m.**

**Zoom:** <https://cccouny-us.zoom.us/j/84850843773?pwd=ZlMways3TEY3ZW15UnFwa0tCVUkydz09>

**Password: 767669**

**By Telephone: USA (214) 765-0478 Conference code: 445291**

**AGENDA**

9:30 Open meeting: Jennifer Doran  
Adopt Today's Agenda  
Approve December Minutes  
Announcements

9:35 Review of Long Term Care (LTC) information flyer draft

10:15 Review/Discussion: AAA Area Plan Update Goals and Objectives for workgroup

10:45 Member Reports:

- AARP – Nuru Neemuchwalla
- Legislative – Nancy Leasure
- Dementia/Alzheimer's – Jennifer Doran
- Nursing Homes – Fred Adams
- Caregiver Resources – Terri Tobey
- Senior Mental Health – Susan Frederick
- Nutrition – Caitlyn Sly
- Racial/Ethnic Disparities – Dennis Yee

11:25 Public Comment

11:30 Adjourn

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 602-4175 at least 48 hours in advance of the meeting. **(To best arrange such accommodations, we would appreciate requests being made at least 72 hours in advance of the meeting.)**

THE CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING IS APPOINTED BY THE BOARD OF SUPERVISORS TO ADVISE THE AREA AGENCY ON AGING ON ALL MATTERS RELATED TO THE DEVELOPMENT AND ADMINISTRATION OF THE ANNUAL AREA AGENCY PLAN AND OPERATIONS CONDUCTED THEREUNDER, IN ACCORDANCE WITH MANDATES FROM THE OLDER AMERICANS ACT. ANY COMMENTS OR RECOMMENDATIONS MADE BY THE COUNCIL OR ITS INDIVIDUAL MEMBERS DO NOT REPRESENT THE OFFICIAL POSITION OF THE COUNTY OR ANY OF ITS OFFICERS.