

**Contra Costa County
Advisory Council on Aging**

**PLEASE CALL (925) 602-4175 IF
YOU ARE UNABLE TO MAKE
THIS MEETING WITHIN 24
HOURS OR IF YOU ARE LATE**

Aging & Adult Services
300 Ellinwood Way
Pleasant Hill, CA 94523
(925) 602-4175 – Office



Cell Phone Reminder:
Please turn your cell phone off
or switch to vibration mode
during meetings.

Health Workgroup

Thursday, March 10, 2022 • 9:30 – 11:30 a.m.

Zoom: <https://cccounty-us.zoom.us/j/84850843773?pwd=ZlMways3TEY3ZW15UnFwa0tCVUkydz09>

Password: 767669

By Telephone: USA (214) 765-0478 Conference code: 445291

AGENDA

9:30 Open meeting: Jennifer Doran
Adopt Today's Agenda
Approve February 2022 Minutes
Announcements

9:45 Presentation: Well Connected (previously COVIA) – Annette Balter, MPH,
Program Manager

10:15 Update: Tips for Selecting a Nursing Home informational flyer

10:40 Member Reports:

- AARP – Nuru Neemuchwalla
- Legislative – Nancy Leasure
- Dementia/Alzheimer's – Eric Freitag
- Elder Abuse Prevention – Terri Tobey
- Caregiver Resources – Terri Tobey
- Senior Mental Health – Susan Frederick
- Nutrition – Caitlin Sly
- Racial/Ethnic Disparities – Dennis Yee

11:20 Discussion: Future Presentations

11:25 Public Comment

11:30 Adjourn

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 602-4175 at least 48 hours in advance of the meeting. **(To best arrange such accommodations, we would appreciate requests being made at least 72 hours in advance of the meeting.)**

THE CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING IS APPOINTED BY THE BOARD OF SUPERVISORS TO ADVISE THE AREA AGENCY ON AGING ON ALL MATTERS RELATED TO THE DEVELOPMENT AND ADMINISTRATION OF THE ANNUAL AREA AGENCY PLAN AND OPERATIONS CONDUCTED THEREUNDER, IN ACCORDANCE WITH MANDATES FROM THE OLDER AMERICANS ACT. ANY COMMENTS OR RECOMMENDATIONS MADE BY THE COUNCIL OR ITS INDIVIDUAL MEMBERS DO NOT REPRESENT THE OFFICIAL POSITION OF THE COUNTY OR ANY OF ITS OFFICERS.