

**Contra Costa County  
Advisory Council on Aging**

**PLEASE CALL (925) 602-4175 IF  
YOU ARE UNABLE TO MAKE  
THIS MEETING WITHIN 24  
HOURS OR IF YOU ARE LATE**

Aging & Adult Services  
300 Ellinwood Way  
Pleasant Hill, CA 94523  
(925) 602-4175 – Office



Cell Phone Reminder:  
Please turn your cell phone off  
or switch to vibration mode  
during meetings.

**Health Workgroup  
Thursday, March 12, 2020 • 9:30 – 11:30 a.m.  
500 Ellinwood, Classroom, Pleasant Hill**

**AGENDA**

9:30 Open meeting: Susan Frederick  
Adopt Today's Agenda:  
Approve February Minutes:  
Announcements:

Presentation: Brain Tour - Alzheimer's Association

Member Reports (time permitting)

- AARP – Nuru Neemuchwalla
- Legislative – Nancy Leasure
- Dementia/Alzheimer's – Jennifer Doran
- Nursing Homes – Fred Adams
- Caregiver Resources – Terri Tobey

Discussion:

Public Comment – All

11:30 Adjourn

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 602-4175 at least 48 hours in advance of the meeting. **(To best arrange such accommodations, we would appreciate requests being made at least 72 hours in advance of the meeting.)**

ADVISE THE AREA AGENCY ON AGING ON ALL MATTERS RELATED TO THE DEVELOPMENT AND ADMINISTRATION OF THE ANNUAL AREA AGENCY PLAN AND OPERATIONS CONDUCTED THEREUNDER, IN ACCORDANCE WITH MANDATES FROM THE OLDER AMERICANS ACT. ANY COMMENTS OR RECOMMENDATIONS MADE BY THE COUNCIL OR ITS INDIVIDUAL MEMBERS DO NOT REPRESENT THE OFFICIAL POSITION OF THE COUNTY OR ANY OF ITS OFFICERS.