



**Contra Costa County
Alcohol and Other Drugs Advisory Board
(925) 335-3307; fax (925) 335-3311**

"The mission of the Contra Costa County Alcohol and Other Drugs Advisory Board is to assess family and community needs regarding prevention and treatment of alcohol and other drug-related problems. Resultant findings and recommendations are forwarded to the Health Services Department and the Board of Supervisors. The Board also serves as an advocate for these findings and recommendations to the communities that we serve."

This meeting will be held in-person and via Zoom "hybrid" in accordance with AB 2449

**AGENDA
Programs and Services Committee Meeting
Wednesday, March 22, 2023
3:00 pm – 4:00 pm
Zoom Link:**

<https://cchealth.zoom.us/j/96122547722>

Meeting ID: 961 2254 7722

Dial-in: +1 646 - 518 – 9805

1220 Morello Avenue, Martinez, CA 94553. Walker Conference Room, Second Floor.

District 1

Antwon Clourd

District 2

Guita Bahramipour

District 3

Cynthia Chavez

District 4

Vacant

District 5

Logan Campbell

At-Large Member

Jonathan Ciampi
Victor Ortiz
Talia Moore, E.D.D
Rhiannon Shires, Psy.D.
Michael Ward
Azi Carter

At-Large Alternate

Mark Howard, Ph.D
Candace Cowing
Robert Frey

- I. Call to Order.** Introductions of Members and Guests. – Logan Campbell
- II. Public Comment.** The Public and the Board members may comment on any item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board (AODAB) but not on this agenda. (Maximum three minutes per speaker).
- III. Old Business**
 - No Old Business
- IV. New Business**
 - Discuss Presentation Topics
 - Review 3 Main Topics from Open Issues List and Develop Strategies*
- V. Goals and Objectives 2023**
 - Goals and Objectives/Action Plan for 2023. All*
- VI. Public Comment.** The Public and the Board members may comment on any item of public interest within the jurisdiction of the AODAB but not on this agenda. (Maximum three minutes per speaker).
- VII. Next Meeting: April 26, 2023, 3:00pm – 4:00pm**
- VIII. Adjourn**

***Indicates Action Item**

AODS will provide reasonable accommodations for persons with disabilities planning to attend the meetings who should contact staff at least 24 hours before the meeting at (925) 335-3307.

The Contra Costa County Alcohol and Other Drugs Advisory Board (AODAB) welcomes and encourages public participation at each meeting. Public comments on the agenda or any item of interest within the jurisdiction of the AODAB are restricted to a maximum of three minutes per speaker. Topics not posted on the agenda may be addressed by the general public, however, California Law prohibits a Board or Commission from taking action on matters which are not on the agenda, unless in specific instances as stated under the Brown Act. Any person wishing to address this Board on matters not posted on the agenda should bring their request to the attention of the Chair, Vice Chair or Staff of the Board. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff supporting the AOD Board distributed to a majority of AODAB members less than 96 hours prior to that meeting are available for public inspection at 1220 Morello Ave. Suite 101 Martinez, CA 94553 during normal business hours. For more information, contact Fatima Matal Sol (925) 335-3307.

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD
ACTION PLAN**

2023

GOALS

1. Support the reduction of substance use and increase in access to information and treatment
2. Promote and Support more interaction between the Board and its constituents to better identify and address needs and opportunities.

Goal 1. Support the reduction of Substance Use and Access.			
Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> ● Conduct outreach into the community to inform and raise awareness about AOD treatment and prevention services. ● Increase cultural competency and outreach in 2023. 	Community Awareness Committee	<p>Created calendar to track events/outreach opportunities for committee/board members</p> <p>Dr. Shires attended community event in Danville: 'Fentanyl is in our community'</p> <p>Need a standard for cultural competency.</p> <p>Dr. Shires is a member of the Social Emotional Well-Being Steering Committee for SRVUSD.</p> <p>Dr. Shires is a member of the Steering Committee for Equity, Diversity and Inclusion for SRVUSD.</p>	Ongoing
<ul style="list-style-type: none"> ● Support two (2) education events, through tabling, that focus on the general 	Community Awareness Committee	Do a job fair again at DVC for Addiction Studies Students.	December 2023

<p>population which includes: youth, adults, and seniors.</p>		<p>Need to create materials for this (and other) events (e.g. pamphlet/flyer) about AODAB</p> <p>AODAB Brochure – update</p> <p>Need to identify available education events</p>	<p>December 2023</p>
<ul style="list-style-type: none"> Attend 3 out of 9 monthly Prevention Services Meetings at AOD. (4th Thursday of month) 	<p>Community Awareness Committee</p>	<p>Dr. Shires will do a presentation on Teen Fentanyl Prevention March or April 2023.</p>	
<ul style="list-style-type: none"> Engage youth development coalitions and recruit youth leaders to spearhead Alcohol Awareness Month Proclamation 	<p>Community Awareness Committee</p>	<p>Dr. Shires will follow up with relevant coalitions + youth leaders</p>	<p>April 2023</p>
<ul style="list-style-type: none"> Attend 3 of the monthly community environmental prevention coalition meetings (Richmond, Concord, Danville) 	<p>Community Awareness Committee</p>	<p>Give presentation to BOS in April 2023.</p>	<p>December 2023</p>
<ul style="list-style-type: none"> Collaborate with AODS sub-contracted Prevention Providers to declare a proclamation for Red Ribbon Week by the Board of Supervisors. 	<p>Community Awareness Committee</p>	<p>Will add to Community Awareness calendar</p>	
<ul style="list-style-type: none"> Collaborate with MEDS Coalition to Declare Proclamation of Prescription Drug Abuse Awareness Month by the Board of Supervisors 	<p>Community Awareness Committee</p>	<p>Committee will be involved in proclamation + public comment</p> <p>Make Red Ribbon Week Proclamation to BOS</p> <p>Community awareness committee member to attend.</p>	<p>October 2023</p> <p>March 2023</p>

<ul style="list-style-type: none"> ● Spearhead efforts for "People Who Make a Difference Award" 	Community Awareness Committee	<p>Sent letter to community partners seeking nominations 3/18</p> <p>Community Awareness selected & AODAB made recommendations to BOS for 2022 PWMAD 4/25 & 4/27</p> <p>Dylan presented PWMAD Recipients at BOS Meeting (6/7/2022)</p>	June 2023
<ul style="list-style-type: none"> ● Advocate for an increase in school-based prevention through the Office of Education. 	Community Awareness Committee	<p>Need to contact office of education</p> <p>Meet with Superintendent of Education for Contra Costa County.</p>	Ongoing
<ul style="list-style-type: none"> ● Address, assess and educate around root causes of AOD use and abuse. ● Collect community input and communicate with AOD/Supervisors 	Community Awareness Committee	<p>Dr. Shires gave a presentation to AODAB (2/23) on increase in AOD abuse resulting from COVID trauma</p> <p>4/27 MADD Presentation by Jaime Rich</p> <p>Dr. Shires gave a presentation to AODAB (8/24) on report from <i>Getting it Right from the Start</i> by the Public Health Institute to advocate for youth</p> <p>Dr. Shires gave a presentation to AODAB (9/28) on Cannabis Right to Know Act to advocate for ethical, visible, safe-user information on cannabis products.</p> <p>Dr. Shires will give a presentation on Teen Fentanyl Prevention February 2023.</p>	Ongoing

<ul style="list-style-type: none"> ● Reduce stigma related to AOD and MH issues – with community as well as funders & decision-makers. 	Community Awareness Committee	Need to identify methods for reduction of stigma Dr. Shires attends Equity, Diversity and Inclusion Steering Committee for SRVUSD.	Ongoing
<ul style="list-style-type: none"> ● Awareness/Celebration of pioneering AOD services (e.g., Choosing Change) 	Community Awareness Committee	Invite service providers to collaborate with Community Awareness	Ongoing/December 2023
<ul style="list-style-type: none"> ● Create & maintain calendar of events & advocacy opportunities for board 	Community Awareness Committee	Calendar created and will be updated regularly.	Ongoing
<ul style="list-style-type: none"> ● Track legislation and request letters of support or opposition as appropriate. ● Participate in Measure x proposal and review process. ● Support the Youth Measure X discussions in East & Central County. (Invite a speaker) 	Full Board	Provide a support letter to BICHIP-	
<p>Goal 2. Promote and Support more interaction between the Board and its Constituents to better identify and address needs and opportunities.</p>			
		Responsible Committee	Timeline
<ul style="list-style-type: none"> ● Request monthly report from staff demonstrating updates in the following areas: youth services, treatment in jails, women’s services, behavioral health integration and County Prevention Services. 	Executive Committee		Monthly
<ul style="list-style-type: none"> ● Hold One Meeting in the Community 	Executive Committee	<ul style="list-style-type: none"> ● t Diablo Valley College in Pleasant Hill or other location. 	

<ul style="list-style-type: none"> Participate in the AODS/Program-Provider forums and/or Bi-monthly SOC meetings to gather and report information on issues or opportunities to address and build relationships with AODS staff and the Provider community. Attend as possible as COVID measures allow. 	<p>Programs and Services Committee</p> <ul style="list-style-type: none"> 	<p>Bi-Monthly</p>
<ul style="list-style-type: none"> 		
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KEY PRIORITY AREAS

Key Priority 1.
 Increase Board member capacity to address substance use issues in the community.

Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> Provide a minimum of four (4) trainings/educational presentations throughout the year inviting providers and different subject matter experts to present to the Full Board. (22 topics TBD) 	<p>Executive Committee</p>	<ul style="list-style-type: none"> Stigma-Schedule UNSHAME presentation a presenter COVID 19 Related updates-Impact on the Community. Homeless advocacy and addiction- Provide Measure X updates EHR Updates (Streamline) Updates for Youth Treatment-funding Support the Youth Measure X discussions in East & Central County. (Invite a speaker) Prevention - Updates 	<p>Quarterly</p>

	Executive Committee		Semi-Annually
<ul style="list-style-type: none"> ● Invite providers to attend a minimum of two (2) full Board meetings throughout the year in which they may bring clients. ● Develop and try some new methods of increasing awareness of client as well as program perspectives. Surveys, individual conversations and visits by clients are among options ● Support and receive data from S4R Needs Assessment – Make sure survey addresses causes of relapse ● Get regular updates on housing grants and SLE status issues. 	<p>Programs and Services Committee</p>	<p>S4R survey introduced in late 2021 with report still pending.</p> <p>Need to establish regular review of S4R survey data</p> <p>Need to ascertain what data is available on housing grants and SLE performance</p> <p>9/28 vo See above notes on Mark M data reports under review.</p>	<p>On-going</p>
<ul style="list-style-type: none"> ● With AODS staff, Gather statistical information on services, utilization, success, needs. Establish a mechanism to get reports from the staff and organizations doing assessment and quality improvement. (include law enforcement data sources) ● Track and support recommendations from programs ● Address concerns about length of Tx sufficiency 	<p>Programs and Services Committee</p>	<p>Have maintained and updated the issues list and need to do better job of keeping current.</p> <p>Treatment effectiveness data (recidivism, incomplete Tx, etc.) needs to be identified, if available. Check for trends</p> <p>P&S Needs to specify with Mark what data is essential and useful to report to AODS</p> <p>9/28 vo See above notes on Mark M data reports under review.</p>	
<ul style="list-style-type: none"> ● Track, support and advocate for further development of women's and adolescent 	<p>Programs and Services Committee</p>	<p>Has been topic of monthly reports, no specific action taken</p>	

<p>services, LGBTQ services, and other underserved populations, Latino, etc.</p>		<p>by P&S – Need to add multi-county coalition support to our action list.</p>	
<ul style="list-style-type: none"> Support Transition Team development and success – get ongoing information on progress, assure resources and recognition 	<p>Programs and Services Committee</p>	<p>Has been topic of various discussions, Logan is sitting in on coordination meetings. Transition people are currently filling staffing gaps – needs support.</p>	
<ul style="list-style-type: none"> Track, support and advocate for further development of treatment services for incarcerated people including updating and improving. Includes services to Youth. 	<p>Programs and Services Committee</p>	<p>Has been topic of monthly reports, no specific action taken by P&S</p>	
<ul style="list-style-type: none"> Advocate for cultural competency and holistic (e.g. MH issues) treatment skill development – support CalAim and other HS initiatives. Measure X included. 		<p>Adolescent services will have design task force for Juvenile services – we need to support. Make sure resources available Need to track CalAim and other initiatives.</p>	
<ul style="list-style-type: none"> Address stigma issues throughout the process. 	<p>Programs and Services Committee</p>	<p>Crossroads Treatment in Jails Program presented at P&S Committee Meeting (5/25/2022)</p>	<p>ongoing</p>
<ul style="list-style-type: none"> Transportation services for outside appointments, job search etc. 	<p>Community Awareness, Program personnel?</p>	<p>Need to assess status of services in these two issue areas and define problems</p>	
<ul style="list-style-type: none"> Family reunification services, etc. 	<p>Programs and Services Committee</p>	<p>Need to plan for staff and process development and for successions for Fatima and AODS Leadership.</p>	<p>Dec. 2022</p>
<ul style="list-style-type: none"> Organization Development for AODS 	<p>Full Board/Exec</p>		

Key Priority 3. Increase awareness about Cannabis trends in County.			
Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> Assess results from environmental scans of prospective Cannabis retailer and/or cultivator locations. 	Full Board	Ongoing as applications are submitted. No environmental scans have been submitted recently. There was a Knightsen license and an environmental scan in March/Apri.	
<ul style="list-style-type: none"> Assess countywide billboard ordinances and explore opportunities to modify them to address cannabis advertising. 	Full Board	At this time there is no plan.	
<ul style="list-style-type: none"> Assess existing cannabis prevention advertising and make recommendations for adoption. 	Full Board	Explore the funding and commitments that are on their application. Are they keeping there word.	
Key Priority 2. Prepare recommendations for the Board of Supervisor's Legislative Actions			
Activities	Responsible Committee	Status	Timeline

Alcohol and Other Drugs Annual Campaigns			
Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> Alcohol Awareness Month* 	Community Awareness Committee	Complete in April at BOS by _____.	
<ul style="list-style-type: none"> People Who Make a Difference Awards** 	Full Board	Complete in June 2023.	

<ul style="list-style-type: none"> ● Recovery Champion Awards*** 	Full Board	Complete in September 2023.	
<ul style="list-style-type: none"> ● Red Ribbon Week * 	Community Awareness Committee	Complete in October 2023.	

*These events are celebrated through accepting a proclamation at the Board of Supervisors. A minimum of one (1) Board member will be in attendance.

**The People Who Make a Difference Awards is an opportunity to recognize community members, volunteers, youth, and/or agencies who have made a difference in their community around substance use. Recipients of the award are celebrated at one (1) Board of Supervisors Meeting.

***The Recovery Champion Award is an opportunity for Board members to nominate someone who is making a difference in the recovery community. The person is acknowledged during the Board meeting in September in recognition of National Recovery Month.