

**Contra Costa County
Advisory Council on Aging**

Aging & Adult Services
300 Ellinwood Way
Pleasant Hill, CA 94523
(925) 655-0773 – Office



**Health Workgroup
MEETING AGENDA**

Thursday, April 13, 2023 • 10:00 am – 12:00 pm
400 Ellinwood Way, 3rd Floor, Room 303
Pleasant Hill, California

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location.

The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided below.

HOW TO JOIN THE MEETING VIA ZOOM:

Link: <https://cccounty-us.zoom.us/j/84477205042>

Zoom meeting Dial-In-Number: (214) 765-0478

Conference code: 445291

Meeting ID: 844 7720 5042

10:00 **Open meeting:** Jennifer Doran
Adopt Today's Agenda
Approve March 2023 Minutes

10:10 **Presentation:**
Contra Costa Older Adult Mental Health Services: Ellie Shirgul, Psy.D., Program Supervisor

10:45 **Discussion:** Aging in Place brochure progress

10:50 **Break**

11:00 Member Reports:

- AARP – Nuru Neemuchwalla
- Dementia/Alzheimer's – Eric Freitag
- Elder Abuse Prevention – Terri Tobey
- Nursing Homes – Susan Frederick
- Nutrition – Caitlin Sly
- Racial/Ethnic Disparities – Dennis Yee

11:30 Future presentations:

- May - Order of Malta Health Care
- Group suggestions for future presentations

11:50 **Public Comment**

12:00 Adjourn

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 655-0773 at least 48 hours in advance of the meeting.

The Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the Council or its individual members do not represent the official position of the County or any of its officers.

HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Advisory Council on Aging that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should come to the podium when called upon. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing * 9 on their phone.

All public comments will be limited to 2 minutes per speaker.

For assistance with remote access contact: 925 655-0773

Public comments may also be submitted before the meeting by email at jam@ehsd.cccounty.us or by voicemail at 925 655-0773. Comments submitted by email or voicemail will be included in the record of the meeting but will not be read or played aloud during the meeting.