

**Contra Costa County  
Advisory Council on Aging**

Aging & Adult Services  
300 Ellinwood Way  
Pleasant Hill, CA 94523  
(925) 655-0773 – Office



**Health Workgroup  
MEETING AGENDA**

**Thursday, August 10, 2023 • 10:00 am – 12:00 pm**  
**400 Ellinwood, Third Floor, Pleasant Hill, CA Room 304**

**PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:**

The public may attend this meeting in person at the above location.

The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided below.

**HOW TO JOIN THE MEETING VIA ZOOM:**

Link:

<https://cccouny-us.zoom.us/j/84477205042?pwd=dnNkdWZ0ZVRFMG11aXRmTktMTDZydz09>

Zoom meeting Dial-In-Number: (214) 765-0478

Conference code: 445291

Meeting ID: 844 7720 5042

Password: 983269

10:00 **Open meeting:** Jennifer Doran  
Adopt Today's Agenda  
Approve June 2023 Minutes

10:10 **Presentation:** Lynette Watts, Program Manager, Health Insurance Counseling and Advocacy Program (HICAP)

10:45 **Discussion:** Elder Abuse presentations in West County  
Status: Aging in Place Brochure  
Health Workgroup membership

10:50 **Break**

11:00 **Member Reports:**

- Elder Abuse Prevention – Mike Wener
- Nursing Homes – Susan Frederick
- Nutrition – Caitlin Sly
- Racial/Ethnic Disparities – Dennis Yee

11:30 **Future presentation:**  
September 14: Cancer Support Community

11:50 **Public Comment**

12:00 **Adjourn**

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 655-0773 at least 48 hours in advance of the meeting.

The Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the Council or its individual members do not represent the official position of the County or any of its officers.

**HOW TO PROVIDE PUBLIC COMMENT:**

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Advisory Council on Aging that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should come to the podium when called upon. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicated they wish to speak by pushing \* 9 on their phone.

All public comments will be limited to 2 minutes per speaker.

For assistance with remote access contact: 925 655-0773.

Public comments may also be submitted before the meeting by email at [jlam@ehsd.cccounty.us](mailto:jlam@ehsd.cccounty.us) or by voicemail at 925 655-0773. Comments submitted by email or voicemail will be included in the record of the meeting but will not be read or played aloud during the meeting.