

Aging & Adult Services
400 Ellinwood Way
Pleasant Hill, CA 94523
(925) 602-4172 – Office

Contra Costa County
Advisory Council on Aging
Executive Committee



PLEASE CALL Anthony Macias
 (925) 602-4175 IF YOU ARE
 UNABLE TO MAKE THIS
 MEETING WITHIN 24 HOURS
 OR IF YOU ARE LATE

Wednesday, October 2, 2019, 9:30 – 11:30 a.m.
500 Ellinwood Way, Board Room A/B, Pleasant Hill, CA 9452

AGENDA

- 9:30 **Call To Order / Introductions** – Susan Frederick, ACOA President
Approval of Today’s Agenda:
Approval of September 2019 meeting Minutes:

- Announcements and Correspondence-** Susan Frederick
Area Agency on Aging (AAA) Report – Laura Cepoi
President’s Report – Susan Frederick
Discussion of year end celebration – Jim Donnelly
Consent Calendar/ Consent Items –

- **Petition: “Tell Our Presidential Candidates that Young People Care about Addressing Our Alzheimer’s Crisis:1.5million Young People Provide Alzheimer’s Related Care and 40% Go Into Debt Doing It”**

Committee / Work Group Reports: Discussion / Action (As Necessary – **ONLY** report items being brought to the Executive Committee for action. Full reports to be given at regular A/C Meetings.)

Legislative-	Nutrition-	Health-	Elder Abuse Prevention-
Transportation-	Planning-	Housing-	Membership Committee-
Technology-	ACOA 2020 Event-		

Central County Senior Coalition Update- - Shirley Krohn

ACOA future presentation items:

- October: California Senior Legislature
- November: Recess
- December: ACOA Year-end meeting

Action Items:

Public Comment:

11:30 Adjournment

Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the council or its individual members do not represent the official position of the County or any of its officers. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by Contra Costa County to a majority of members of the Advisory Council on Aging less than 72 hours prior to that meeting are available for public inspection at 500 Ellinwood Way Pleasant Hill, CA during normal business hours

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call Anthony Macias at 925 602-4175 at least 48 hours in advance of the meeting.

Dear Ms. Fredricks,

My name is Norma Bostarr, I am YMAA's new Director of Public Policy, was formerly our COO, and am deeply passionate about addressing systemic injustices in healthcare & improving long term care. I have spent the past 6 years serving in a few primary space - Alzheimer's research, non-profits, tech, and venture. I am both honored and humbled to have rejoined the team and look forward to empowering youth to create waves of change by being involved in the conversation of how aging impacts all of us.

On World Alzheimer's Day, we spearheaded a MoveOn.org petition that aims to put Alzheimer's at the forefront of the upcoming election. In October, during UsAgainstAlzheimer's Advocacy Day, 70 collegiate members of our organization will hand-deliver the signed petition to congressional leaders and candidates.

The call to action includes demanding that presidential candidates and members of Congress work to:

- **Invest in better care** by increasing support and available resources for family caregivers
- **Invest in a cure** by increasing federal funding for Alzheimer's research
- **Harness the power of volunteers** to fight ageism and promote healthy aging
- **Give caregivers a break** by advancing economic and workforce policies - like paid family leave - that ease economic hardship of caregiving
- **Promote early and accurate diagnosis** of Alzheimer's by encouraging early assessment, proactive brain health across the lifespan, and improved access to diagnostic tools among health providers

Please sign your name in support of our call to action and do not hesitate to share this with Advisory Council on Aging - the more noise the better!

"We want to tell our presidential candidates and elected leaders that young people care about the Alzheimer's crisis," said YMAA Chairman and co-founder, Nihal Satyadev. "1.5 million young people provide Alzheimer's-related care, and 40 percent go into debt doing it. We should not be punished for becoming caregivers, and these numbers are way too high to go unacknowledged."

Today in the U.S., 16 million caregivers provide 18 billion hours in unpaid care. This equates to an annual cost of \$290 billion, which is projected to rise to \$1.1 trillion by 2050.

"Alzheimer's disease is not only a healthcare issue, but it's a social and economic issue that can and will bankrupt our economy," said incoming CEO, Harrison Ma. "We hope this petition highlights that both youth and older adults acknowledge the problem and want comprehensive solutions."

We appreciate your continued support!

Onwards and Upwards,

Norma Bostarr