

# ADVISORY COUNCIL ON AGING

## Minutes for March 20, 2019

### ACOA MEMBERSHIP

Active Members = 32  
Vacancies = 7  
Pending = 1

**Call to Order:** Susan Frederick, council President, called the meeting to order at 9:32 a.m. Mrs. Frederick led the Pledge of Allegiance.

### **Present:**

Fred Adams	Susan Frederick	Brian O'Toole
Jagjit Bhambra	Gail Garrett	Mary Rose
Mary Bruns	Arthur Kee	Ron Tervelt
Deborah Card	Jill Kleiner	Patricia Welty
Nina Clark	Shirley Krohn	Rita Xavier
Kevin Donovan	Steve Lipson	Dennis Yee
Jennifer Doran	Richard Nahm	
Rudy Fernandez	Captain Nuru Neemuchwalla	

**Absent:** Ed Benson, Branin Cook, Jim Donnelly, Joanna Kim-Selby, Summer Selleck, Lorna Van Ackeren, Fuad Omran

**Guests:** Dawn Morrow (BOS Burgis); Diane Wong (J-Sei Inc); Assumpta Kamanzi (NCFC); Jackie Winfield (Senior Nutrition Program); Paul Kravitz (Senior Nutrition Program); Verna Haas (CCSLs); Taylor Kimber (Desaulnier office); Annie Roche (Family Caregiver Alliance)

**Staff Present:** Laura Cepoi, Glenda Pacha, Ruth Atkin (HICAP) and Anthony Macias

**Roll Call:** Fred Adams called the roll and quorum was established

### **Announcements:**

- Senior Rally May 7 – the Aging Platform is the topic
- There will be 3 volunteers needed to organize seniors (west, central, east) and bus transportation

### **Approval of Today's Agenda:**

- Arthur Kee moved for approval of today's agenda, Richard Nahm motioned 2<sup>nd</sup>, unanimously approved by council.

### **Approval of December Minutes:**

- Arthur Kee moved for approval of the February minutes, Dennis Yee motioned 2<sup>nd</sup>, unanimously approved by council.

### **Committee Work Group Reports:**

- No Committee/WG reports today to time constraints due Public Hearing

### **AAA Program Manager's Report – Laura Cepoi**

- Policy priorities - reauthorization of OAA this summer – National Theme
  - Aging in place

- Health begins at home
- Economic argument (keeping out of institutions saves money)
- We are only as strong as our caregivers
- Capitol Day last month
  - 1/3 Californians are receiving Medi-Cal benefits
- Locally
  - RFP Title III E \$550,000 to be published end of March
  - RFI Title III D Health Promotion activities - \$85,000
  -

**Needs Assessment Survey – Anthony**

- Draft completed in the next couple of weeks
- Need ACOA to survey as pre-tester so we can get feedback
- Incorporate responses in final survey
- Need 2,000 minimum survey responses
- On Survey Monkey as well as paper version

**Regional Coalition Updates- Debbie Toth, Executive Director, Choice in Aging**

- Travel to LTSS summit
- Travel to Sacramento for Advocacy
- State’s Master Plan on Aging
- Governor said seniors should “age in place” but no funding
- Hannah Beth Jackson authored bill to fund it
- Applied for funding to do Master Plan on Aging in Contra Costa

**President’s Report – Susan Frederick**

- Difference between advocacy and lobbying
- Role of ACOA in advising BOS and Aging and Adult Services – thru laura
- Advisory to BOS – appointed to
  - Federally mandated committee thru OAA – continuously advise AAA on
  - BOS must ensure that there is a AAA and ACOA
- Thank you to AAA Staff
- Ruth McCahan resignation
- Need Housing WG chair from ACOA (they meet the 3<sup>rd</sup> Monday of month in Concord)
- 2020 ACOA Event volunteers. Need rep from each workgroup

**Consent Items:**

Letter of Support for AB388- Healthy Brain Initiative

- Authorize pilot program Dementia Needs Assessment in 8 counties from Public Health prospective
- Dementia workgroup at State Level led by Maria Shriver
- ACOA membership approved letter of support
- Letter to go to BOS for approval to send letters to Legislative Assembly members

Vote roll call for consent items:

Yes: 22

No: 0

**Area Agency on Aging (AAA) - Public Hearing**

Continually monitor AAA and contractors that work with us, to see contracts are meeting needs of area and services getting to the people.

**Area Plan Update – Laura Cepoi**

Funding Cycle

All planned programs and services are contingent upon the availability of funds from all sources. At the time of preparation of this document for review and approval the planning estimates for FY 2019-2020 have not been released by California Department of Aging.

Total Budget Contracted	(Projected Amount)
Area Plan	\$5,098,464
Direct Service AAA _____	
I & A	\$406,559
PD & C	\$117,969
Direct Services with Set Allocations	
HICAP	\$334,732
SCSEP	\$72,450 (administration and staffing)

Explanation of Area Plan Goals & Objectives

- Goals are broad concepts and should reflect the AAA mission.
- Objectives are specific, measurable statements of action intended to meet the goals of the AAA.
- Administrative objectives are not required.
- Program Development objectives are to be used only for those objectives that either establish a new service or expand or integrate existing services.
- Coordination objectives may be used for activities that involve the active participation of the AAA staff. Such activities may include collaboration with non-OAA funded agencies and organizations to avoid duplication, improve services, resolve problems related to service delivery, and address the service needs of the eligible service population.

Service Units Plans

1. Information and Assistance has exceeded its projection of service units as a result of the integrated call center. We anticipate another 15% in contacts with people calling in for service in the coming year. We expect there to be 19,000 calls in the FY 19-20.
2. Telephone Visiting should show a 100% increase in contacts in FY 19-20.
3. Congregate Meal Sites are opening and we anticipate a modest increase in the coming fiscal year after a steady decrease in this service for the past several years.
4. Home Delivered Meals will continue to see an increase- with additional meal delivery in East and Far East County and resources in place to eliminate the waitlist.
5. Final Service Unit plans will be enclosed in the Annual Update delivered to the State.

Changes in Goals and Objectives- Goal #1: Objective 6 of Area Plan

Revised to reflect expansion of services to those seniors who are homeless and offering supports to seniors living in homeless shelters using specific programs/ modules which will accommodate the limitations of a shelter environment.

Health Insurance Counseling and Advocacy Program (HICAP) – Ruth Atkin

HICAP offers free, impartial, one-on-one counseling to help with anything related to Medicare.

### Information & Assistance – Anthony Macias

- Funded by Adult Protective Services, In-Home Supportive Services, and Area Agency on Aging
- Three main program components:
  1. Take reports of suspected elder and dependent abuse for Adult Protective Services (APS)
  2. Conduct Step 1 (phone intake) of the application process for In-Home Supportive Services (IHSS)
  3. Provide information and referral services to seniors and caregivers
- Staffed by six (6) Social Workers
- Conducts community outreach including presentations, participation in community events, and publishing and distributing the Senior Resource Directory and Mini-Guides to increase awareness of services and resources for older adults in Contra Costa County

### Public Comments

#### Senior Nutrition – Paul Kraviz

- Danville Café new
- City of Oakley possible participant once the Senior Center opens if the City will participate
- Numbers served
- Senior Centers are dying out because seniors are not coming for lunch. Issue of Senior Isolation. They are more than Senior Nutrition

### Questions:

- Arthur Kee – estimate of homeless seniors? Last year 624 seniors in Contra Costa, VERNA – evicted seniors, anecdotally, more seniors living in their cars, limited spots, poT count numbers soon
- Mary Rose – events done but no future dates
- Jagit Bhambra – housing in Port Chicago – kudos for foodbank for outreach in public hospital – do you get enough food
- Shirley Krohn Pg. 4 # 7, partners in planning not since 2003, are we bringing it back? Maybe
- Shirley K. Pg 12, goal 5, AAA baby boomer population wants to add retirement planning to list
- Shirley K. Pg. 3, # 13, when talking about expanding the ACOA diverse volunteer recruitment
- Richard Nahm- Volunteer at school who has homeless senior - who can he talk to? Referred to 211, and H3 by Debbie Card
- Diane Wong – methodology of distribution funding & Timing. Tied to needs assessment for next year,

### Action Item: Approval of Area Plan Update 2019-2020

ACOA Vote roll call for approval of Area Plan Update:

Yes: 22

No: 0

### New Business for next month:

- None

**Public Comment:**

Tim Leong – of Contra Costa Community College District spoke of support for bond Measures A 2002/2006 and Measure E 2014 Citizens' Bond Oversight Committee: Measure A 2002 is a \$120 million bond measure passed on March 5, 2002, Measure A 2006 is a \$286.5 million bond measure passed on June 6, 2006, and Measure E 2014 is a \$450 million bond measure passed on June 3, 2014.

Bond funds may only be used for the construction, reconstruction, rehabilitation, or replacement of college facilities, including the furnishing and equipping of college facilities, or the acquisition or lease of real property for college facilities, and not for any other purpose, such as teacher and administrator salaries or other operating expenses.

As the Governing Board noted in its November 2001 resolution approving the first Measure A, most of the classrooms and science labs are over 30 years old, and some are at least 50 years old. Classrooms, science labs, restrooms, and other buildings and facilities must be repaired, wired for 21st century technology, upgraded, and modernized if they are to continue to serve the needs of Contra Costa County's students.

ACOA member Jagjit Bhambra will serve as the Senior Organization Representative on the Oversight Committee.

**Meeting adjourned at 11:30 am**

**Next ACOA Meeting April 17, 2019**