

**Advisory Council on Aging Planning Committee
January 8, Minutes of the Meeting**

Call to Order: Arther Kee called the meeting to order at 9:30am.

Present: Arthur Kee, Debbie Card, Susan Frederick, Nina Clark and Ron Tervelt

Absent: None

Staff Present: Glenda Pacha, Laura Cepoi and Anthony Macias

Public Comment : None

Approval of January Agenda

Approved by Consensus

Approval of December Minutes

Approved by Consensus

Contractor's Presentation: Meals on Wheels Diablo Region presented by: Carrie Blanding, Alayne Balke, Cynthia Black and Susana Meyer

Carrie introduced herself as the Interim Director of MOWDR and explained that her role as interim director is temporary until the board of MOWDR is ready to recruit a permanent director.

MOWDR has 2,000 volunteers; it is celebrating it's 50th anniv;

MOWDR has the following programs: Friendly Visitors; SNAP-ED; Fall Prevention; Health Promotion; and in-home Assistive Devices.

Large discussion about affordable senior housing issues;

Story about Hazel an older adult who moved to Antioch with spouse, Maurice; he had memory issues, Hazel connected with MOW and was helped with applying for and receiving IHSS; daily meals; help with grab bar, exercises; Hazel now has volunteer visitor; now part of marketing campaign (see flyers).

MOWDR is undergoing executive transion; Carrie is interim director only, her role is help stabilize organization and setup new ED for success.

Wait list for fall prevention; Serving those on need of devices has been down to 40 people due to funding; Friendly visitor has wait list; need more volunteers; the need is growing; grants being sought.

ACOA survey- can MOW programs help with distribution of our surveys; have partnered in past with organization with surveys; will leave with delivered meals and pick up the survey the following week. MOW is one of bigger contributors for past surveys.

Question: Meals on Discharge project idea needs to be worked on with CCHP?

Program Manager's Report – Laura Cepoi

Bethel Island/Oakley visit; contracts issue with friendly visitor program; trying a congregate meal site in Oakley, high need for food distribution; IHSS has been challenged meeting plan of correction, no movement on staffing increase; APS grant to help address/home safe housing options;

Project Updates

- Community Connect Project

Attempting to get information on this program; Laura will ask Neely McElroy to come to present on this project. Whole Person Care grant is funding this project, multi-discp apporach; CCC rec' \$40mil a year for 5 year grant, began in 2016 awarded to Health Services and partnered with EHSD. 14,000 plus on program who are the high users of health system

Plan Next Agenda / Meeting

- Next Meeting: Tuesday, February 5, 9:30-11:30, 500 Ellinwood, in the Corner Conference Room)
- Presentation: Neely McElroy, Division Manager, Community Connect (suggested in December 2018 minutes) ?

Building list of presenters; Alzheimers in February; Choice in Aging in March, Center in Elder Independence; Mobility Matters and Ombudsman

Items for Executive Committee? None

Public Comment None

Adjourn 11:24