

**Contra Costa County Advisory Council on Aging
Executive Committee Meeting Minutes
January 8, 2019**

Call to Order: Susan Frederick, ACOA President, called the meeting to order at 9:35 am.
Introduction of new members: Kevin Donovan, Planning Committee chair; Richard Nahm, ACOA Treasurer/Secretary

Present: Jim Donnelly, Jennifer Doran, Kevin Donovan, Mary Bruns, Steve Lipson, Richard Nahm, Mary Rose, Gail Garrett

Absent: Shirley Krohn, Gerald Richards, Laura Cepoi

Staff: Anthony Macias

Public Comment / Approval of Agenda/Minutes

- No public comments
- Adoption of Today's Agenda: Moved to approve by Jim Donnelly, motioned 2nd by Richard Nahm, unanimously adopted.
- Approval of December Minutes: No corrections noted, minutes stand as presented.

Announcements and Correspondence: Susan Frederick

- None

Program Manager Report: Laura Cepoi

- Laura absent.

President's Report: Susan Frederick

- There is a need to have more diversity on the council. We should be looking to recruit members who are consumers of services.
- Approach Fran Smith about reaching out to adults with disabilities, as she has been part of groups who advocate for people with disabilities.
- Richard Nahm brought up survey in past which showed we met 25% diversity. Susan would like to attract more racial, ethnic, LGBTQ diversity.
- Robert's rules for meetings will be used for all ACOA meetings, until/unless county counsel relays if there is need for approval or counted vote.
- Anytime there is a vote county requires aye/nay counted if not unanimous.
- Consent calendar items are to speed up meeting, pulled if item if discussion required.
- Group that want to speak to ACOA, Meds Coalition. Susan spoke with them about the ACOA and they were impressed. They give presentations about medications: varied groups are presented a different presentation- Seniors, Students, Parents, sport teams. Possible presentation will be in May 2019.

Consent Calendar

- None.

Committee Reports:

Planning Committee: Ron Tervelt - No action items

Membership Committee Report: Jennifer Doran- Council will need to caucus for new committee members, as there is need for representatives of Districts 1 and 4 in the Membership Committee. Currently there nine city/local seat vacancies and two vacant MAL seats, with 3rd MAL seat for Nancy Leasure pending with BOS. Update to council By-laws: sent to CAO for review and approval.

Health Work Group – Susan Frederick – Contra Costa Health Services will not be funding Meals on Discharge project as proposed by Susan. Funding is the issue that stumbling block to project. Susan will reach out next to the new director of Meal On Wheels Diablo Region about partnering for this project.

Transportation Work Group (SMAC): Mary Bruns – Workgroup was on hiatus in November and December. Next meeting will be in January with a presentation on Mobility Matters emergency preparedness training. The 2019 SMAC Newsletter out. Measure J for transportation on March Ballot. A committee for accessible transportation for disabled and elderly will begin in Jan. and Mary will attend.

Technology Work Group: Steve Lipson – Workgroup is to begin a series of rolling edits to the ACOA webpage. Initially a set of changes will be to links that are currently on the site. Many of this links are incorrect; spelling of acronyms for links. Home page will be revised to be more of a welcome to users and introduction to the ACOA. There will be a welcome letter from president with photo. The workgroup would also like to have metrics of how many hits the site receives monthly.

Housing Work Group: Gerry Richards- Absent.

Elder Abuse Prevention Work Group: Mary Rose – Workgroup will be revamping PowerPoint presentation and will also creating a fact sheet. This fact sheet will used by Elder justice. A draft of fact sheet will be sent to Executive Committee by next meeting for review.

Senior Nutrition Project Council Report: Gail Garrett – No action items.

Legislative Work Group: Shirley Krohn- Absent

ACOA 2020 Event: Jim Donnelly – Date is set for event: 8/27/2020, location of event will be at Pleasant Hill Community center. Event workgroup will begin meeting regularly as of February 10 and every subsequent 2nd Monday of each month. Anthony to reserve a conference room for these meetings.

Central County Senior Coalition – Shirley Krohn – Absent.

ACOA future presentation items:

January: CCTA and Transportation Plan – Peter Engel

February: Mobility Matters –Elaine Welch

March: Public Meeting

April: Senior Fusion- Doug Mosher

May: Contra Costa Meds Coalition- April Rovero

June: Elder Abuse Month Presentation

August: 4-Year Area Plan on Aging

September: California Senior MediCare
Patrol

October: Master Plan For Aging

December: Year End Meeting

What is Senior Fusion? It is a non-profit utilizing technology for caregiving tasks.

Additional ideas for future presentations: Senior centers w/out walls; presentation of 4-Year plan in August.

Items for full ACOA agenda:

- None

Action Items:

Treasurer report will be announced at each general meeting.

Public Comment:

Richard Nahm: Asked about legislation for relabeling prescriptions that would include the reason for the medication; did this law pass? When will go into affect? No one was aware of this passing or implementation of bill.

Next Meeting: Wednesday, February 5, 2020

The meeting adjourned at 11:30 am.