

ADVISORY COUNCIL ON AGING

Minutes for January 16, 2019

ACOA MEMBERSHIP

Active Members = 32
Vacancies = 6
Pending = 2

Call to Order: Susan Frederick, council President, called the meeting to order at 9:32 a.m. Mrs. Frederick led the Pledge of Allegiance.

Present:

| | | |
|----------------|------------------|---------------------------|
| Fred Adams | Susan Frederick | Richard Nahm |
| Jagjit Bhambra | Gail Garrett | Captain Nuru Neemuchwalla |
| Mary Bruns | Arthur Kee | Brian O'Toole |
| Deborah Card | Joanna Kim-Selby | Mary Rose |
| Nina Clark | Jill Kleiner | Ron Tervelt |
| Kim Donnelly | Shirley Krohn | Patricia Welty |
| Jennifer Doran | Steve Lipson | |
| Rudy Fernandez | Ruth McCahan | |

Absent: Ed Benson, Kevin Donovan, Keith Katzman, Fuad Omran, Summer Selleck, Jessica Thomas, Lorna Van Ackeren Rita Xavier, Dennis Yee

Guests:

Lia Bristol, Supervisor Karen Mitchoff's office
Allison Larking, Visiting Angels Living Assistance Services
Debbie Toth, Choice in Aging
Zuleika Godinez, Ensuring Opportunity (day's presenter)
Megan Crain, Congressman De Saulnier's Office

Staff Present: Tracy Murray, Glenda Pacha, Brandy Walker (APS) and Anthony Macias

Roll Call: Fred Adams called the roll and established there was a quorum after late council arrivals.

Announcements:

- Announcement that California Area Agency on Aging Capitol Day will be held in Sacramento on Thursday February 28th.

Approval of Today's Agenda:

- Ruth McCahan moved for approval of today's agenda, this was seconded by James Donnelly

Approval of December Minutes:

- Ruth McCahan moved for approval of the December 2018 minutes, this was seconded by James Donnelly

Committee Work Group Reports:

- Legislative Advocacy – first meeting of the Legislative WG will convene on Wednesday Jan. 23rd

- Senior Mobility Action Council (SMAC) – First meeting of the Transportation WG (SMAC) will meet on Monday January 28th
 - Mary Bruns offered to take over seat with Paratransit Coordinating Council, that was vacated by Rita Xavier. Mary’s offer was considered and approved by ACOA.
- Planning – Ron Tervelt
 - Planning committee reports meeting with MOWDV interim director, Carrie Blanding, and presentation from MOWDV staff on their various programs.
 - MOWDR has 2,000 volunteers
 - It is celebrating it’s 50th anniversary this year
 - MOWDR has the following programs: Friendly Visitors; SNAP-ED; Fall Prevention; Health Promotion; and in-home Assistive Devices.
- Housing – Ruth McCahan
 - No report
- Elder Abuse Prevention – Mary Rose
 - In 2019 will again will be doing presentations, beginning in February; will have list of meetings by next month.
- Health – Susan Frederick
 - CNA program with Opportunity Junction-MDAE and Ombudsman joint venture.)
- Senior Nutrition – Gail Garrett
 - everything is looking good for MOW; currently no waiting list; support coco cafes
- Membership/Nominating – Richard Nahm
 - Met briefly in December to nominate a Member At Large (MAL) and this was approved by council. Kathy Ames will be recommended to BOS to fill vacancy for MAL seat #10.

President’s Report – Susan Frederick

- Welcome and Happy New Year;
- Discussed development of buddy program for new council members with seasoned members
- Q&A process “everything you wanted to know, but were afraid to ask” for members to bring written questions at end of meeting that they would like more information on regarding ACOA
- Need to develop closer relationship with senior centers
- Meetings will end on time
- Discussion of upcoming changes to council bylaws; update to workgroups descriptions in ACOA website, send information to Anthony;
- Liveable communities update- Supervisor Gioia received funding for El Sobrante library upgrade
- In past county coalition reports were give; this was dropped from meetings and would like to bring this back
- BOS visiting and for ACOA to be known and talking points and by district supervisor

Breakout session: select representatives for District Supervisor visit

Council members broke out into groups based upon the district in which they reside in order to discuss and go over BOS visit talking points

Presentation: Advocacy 101 presented by Ensuring Opportunity Zuleika Godinez

- The Ensuring Opportunity Campaign is a collaborative effort to end poverty in Contra Costa County by addressing structural causes at the policy level.
- Bring diverse stakeholders together to create practical, lasting solutions
- Advocate for effective policies at local, state & federal level; Share data & strategies with other communities
- Create policy platform to guide in taking positions on initiatives/legislation

Program Manager's Report – Anthony Macias (for Laura Cepoi)

- In response to the Federal Government shutdown, Federal and State governments have decided to issue February CalFresh benefits to most CalFresh recipients on January 15, 2019. These are benefits that normally would have been issued to your household in February. Budget them carefully because no additional benefits will be issued, and they need to last the entire month of February.

Regional Coalition Updates- Debbie Toth, Executive Director, Choice in Aging

- The partnership between the Advisory Council on Aging and Choice in Aging, making us a Regional Coalition, has been funded historically by grants from The SCAN Foundation (TSF). The structure of the of the initiative led by TSF that created our partnership has changed in the last year and while our role as a coalition to ensure access to and availability of Long-Term Services and Supports in the community remains our priority, we will be working with the California Collaborative rather than just the other statewide Regional Coalitions.
- The California Collaborative is a statewide body of organizations and associations representing and serving seniors and people with disabilities. We participate in Webinars twice a month and can write letters of support or in opposition to things that impact those we serve and represent that carry a great deal of weight. This portion of our work is education and advocacy based and is statewide.
- Locally, our work is more specific to us. The local work is primarily carried out by Shirley Krohn, Lorna Van Ackeren and Debbie Toth. Moving forward, we will continue to attend the statewide Webinars and the annual Long-Term Services and Supports Summit each fall and will also continue the work we started years ago locally on aging policy, all age inclusive communities, Senior Rally Day, and more

Consent Items:

- none

New Business for next month:

- None

Public Comment:

- None

Meeting adjourned at 11:30 am

Next ACOA Meeting February 20, 2019