

**Contra Costa County Advisory Council on Aging
Technology Group Minutes
Wednesday, February 9, 2022**

Call to Order: Steve Lipson called the meeting to order at 1:30 pm. Meeting conducted using the Zoom meeting platform.

Present: Steve Lipson, Kevin Donovan, Jim Donnelly, Kacey Carterelliott, John Haberkorn, Justin Lola, Penny Reed, Erin Partridge

Absent: Sam Sakai-Miller, Jill Kleiner, Sara Shafiabady, Candace Evans

Staff: Anthony Macias

Approval of Agenda/Minutes

- Approval of Today's Agenda – Penny made a motion to approve agenda. Erin seconded the motion. Agenda was approved unanimously.
- Approve January 2022 minutes -Penny made a motion to approve the minutes. Erin seconded the motion. The minutes were approved unanimously.

Announcements and Public Comment

Erin announced she is working on a multi-year federal grant for a build your own robot to improve the quality of life for people with dementia. The program may be open to participants from Contra Costa County.

Technology Corner - Steve Lipson

- Embody Labs is a virtual reality (VR) company that offers simulators for health care providers and caregivers who work with people who have Lewy Body Dementia, Parkinson's disease, Alzheimer's disease or macular degeneration. By exploring another person's lived experience, users are able to connect, engage, relate, and empathize on a deeper level. <https://embodiedlabs.com/>
- Neuro Rehab VR company provides a virtual reality experience for older patients undergoing physical therapy following a stroke, brain injury or spinal cord injury or who suffer from neurodegenerative diseases. The customized virtual therapy exercises record physiological and kinematic responses, quantifying the progress of the patient with scores and metrics over time.

ACOA Website/ Workgroup Outreach Plan – Steve Lipson

- Steve is developing a worksheet for Technology workgroup members to refer to when assisting council members with providing resources they would like posted on the website.

AAA Area Plan Update Goals and Master Plan for Aging review – Steve Lipson

- Reviewed and discussed draft of 2022-23 Area Plan Update Goals and Objectives.

Hong Kong Study - Erin Partridge

- The role of Internet Connected Technology (ICT) affects older adults/users positively.
- The study examined factors preventing older adults from using ICT.
- The coronavirus pandemic forced to participation in online activity and communicate with others using ICT.
- Future senior centers could bridge the aging population to fully utilize the advantages of ICT.

Wisconsin Broadband: Health Superdeterminant – Steve Lipson

- Please see attached PDF PowerPoint presentation.

Action Items for Executive Committee:

- None

Future Meetings:

- Next meeting: March 9, 2022

Public Comment:

- None

The meeting adjourned at 3:30pm.