

**Contra Costa County Advisory Council on Aging
Health Work Group Minutes
Thursday, February 13, 2020**

Call to Order: Susan Frederick called the meeting to order at 930 am.

Present: Fred Adams, Jennifer Doran, Susan Frederick, Nuru Neemuchwalla, Brian O’Toole, Terri Tobey, Lenore MacDonald, Dennis Yee, Nancy Leasure

Absent: Joanna Kim-Selby, Kathie Thompson

Staff: Anthony Macias

Approval of Agenda/Minutes

- Approve Today’s Agenda – Dennis Yee moved to approve agenda, Terri Tobey motioned 2nd, unanimously approved.
- No revisions to January 2020 minutes; approved.

Public Comment

- Terri announced that DVFA is doing a financial symposium in April
- MOWDR is doing fall prevention classes beginning in the Spring in Central county with Fred and Jim Donnelly.
- Lenore CEI went to meeting with West Senior Coalition- 3 initiatives by June: Bus to senior rally day on May 11; 2020 Census; Monitoring Master Plan for Aging.

Announcements and Correspondence: Susan Frederick, Chair

- Susan sent email to new exec at MOWDR about meals of discharge; received a weak response about co-heading the meals on discharge.
- Susan reported about of dental services that are available through the Medi-Cal program.

Discussion regarding: Dumped: Nursing Home Evictions a Reality for Some Poor Patients

- PACE discussion;
- A for profit organization runs it; reimbursement rates; Max payment from MediCare requires hospitalization of 4 days; then MediCare will cover nursing home, 1-20 days at 100% coverage; After 21 days up to 100 will require a copay and this can be covered by a supplemental insurance; Determinant of “custodial” vs “rehabilitated” impacts what can be paid by MediCare and whether discharge of patient; Doctor at SNF makes this determination, which may be biased in the SNF’s favor.
- Nancy discussed block grant proposal.
- Ashby village is group of volunteers, national village movement membership, in Richmond, and some west county cities and Alameda county.
- Nuru is asking if there is a way to increase funding for the Ombudsman program in order for a path to make sure that those who are kicked out of SNF’s and sign form.

AARP Updates – Nuru Neemuchwalla

- Nothing to add from AARP; SB 50 failed..

Legislative Report - Nancy Leasure

- Legislation workgroup hasn't met in a long while;
- AB683 passed assembly on 1/30, in rules committee now; working its way through the process;
- AB1629 did not pass;
- AB568 Ca. Care Corp. Act did not pass in appropriations committee.

Dementia/Alzheimer's: Jennifer Doran

- Jennifer 1/30 funding to add younger onset of Alzheimer to access OAA;
- HOPE bill 2017 Medi-Care funding services to train care physicians to train on referring and determining dx of dementia; still not approved, going to Health committee next.
- Alz.org to see breakdown of states, infographic- 2017: 16, 238 Alzheimer deaths; 2-7 years lifespan after diagnosis; 200K+ Alzheimer cases in CA.;
- 82% seniors thinklook up stats;
- Jennifer mentioned Inside the Brain TOUR interactive.

Nursing Homes: Fred Adams

- AB1629 treatise from CANHR
- Social isolation among the elderly
- 25 facts primer shared
- Volunteer programs; friendly visitor program

Caregiver Resources: Terri Tobey

- Home health bad news article from new forum
- MediCare changes
- Khn.org; ACEP pamphlet resources for resilience
- Passed an AARP cute thing
- www.energypsych.org.

Discussion:

Dennis- long term care insurance advising

Susan - 2020 Event participation

Action Items for Executive Committee?

- None

Future Meetings:

- Next meeting: Thursday, March 12, 2020

The meeting was adjourned at 11:00 am.