

**Contra Costa County Advisory Council on Aging
Health Work Group Minutes
Thursday, February 14, 2019**

Call to Order: Susan Frederick called the meeting to order at 9:30 am.

Present: Fred Adams, Susan Frederick, Nancy Leasure, Ed Benson, Dennis Yee, Nuru Neemuchwalla, Jennifer Doran, Brian O'Toole, Terri Tobey, Lenore MacDonald

Absent: Kathryn Ames

Staff: Glenda Pacha and Anthony Macias

Public Comment / Approval of Agenda/Minutes

- No comments
- Approve February Agenda – Jennifer moved to approve agenda, Ed motioned 2nd, unanimously approved.
- Approve January Minutes – Fred moved to approve minutes, Jennifer motioned 2nd, unanimously approved.

Announcements and Correspondence: Susan Frederick, Chair

- Spoke with Dodie about CNA program and will revisit in 1 year to let us know how things are going;
- 2020 event with whole ACOA and not just SMAC workgroup; will be asking for volunteers for planning committee for this event from Health WG; YES it was agreed that someone from this WG will be part of this;
- Is there any group member that would like to take up Homelessness as their monthly report(?);
- Susan reported on news article on homeless in Bay Area;
- Chairperson for Health WG- reappoint Susan.

Work Group Project: Meals on Discharge

- Nothing new to report.

AARP Updates

- Nuru Neemuchwalla
AARP CA. is fighting to support caregivers; unpaid caregivers are giving lot of services that has a financial quantifier

Legislative Report

- Susan spoke about Alzheimer's Bill; The Alzheimer's Association is sponsoring AB 388 by Assemblywoman Monique Limon, which would authorize a pilot program through the California Department of Public Health, in which up to 8 counties can apply for competitive grants to conduct a dementia needs assessment, disseminate a county-wide early detection & diagnosis public awareness campaign, and collaborate with existing community

stakeholders and leverage existing partnerships. There is a concurrent one-time general fund budget request of \$10 million to fund the bill.

- Lenore McDonald-Updated draft of counties legislative draft for the elderly/senior; Feb. 28th C4A Day;
- Lenore also mentioned Aging Master Plan with CDA that is good through 2021; SB228 was discussed by Nancy; HR576 Seniors have Eyes, Ears and Teeth Act, very low chance of passing, 3%; Candace Anderson CVS Rx drop off; new lobbying group against Medi-Care for all- Partnership for America's Health Care Futures

Dementia/Alzheimer's:

- Jennifer Doran
Live Science Health (google) causative factor in Alzheimer's can be gingivitis; concerns about infections; Herpes virus has also been found to be a cause of tangling in the brain; a lot of different reasons that Alzheimer's can occur.

Older Adult Mental Health:

- Nothing new report

Nursing Homes:

- Fred Adams
CANHR- advocates for nursing home reform; 2018 KQED reported nursing home residents dying of extreme heat; high use of re-hospitalization by residents of nursing homes will not be reimbursed by M/Care; online training of CNA, Rubio amendment; more than half are against workforce staffing level requirements; Law is not be enforced; Consumer Voice- to revise national ombudsman reporting system; C. Reeve foundation will be giving webinar on pain medication usage; US house passed Medi-Caid extenders act, spouses combined income will be protected so spouse not in nursing home can keep home; Spouse allowed to keep separate 100K to healthy spouse, sick spouse down to 2K in order to be eligible to M/Cal; National Center on elder rights- webinar on how to use technology to serve older adults.

Caregiver Resources:

- Caregiver Alliance to speak at ACOA general meeting Feb. 20th, 2019

Other Discussion Topics:

- Another Bill about Kidney Dialysis clinics is coming up: patients who qualify for Medicare and MediCal are pushed to get private insurance for higher cost/profit

to Dialysis centers. Gov. Newsome propose large boost in housing for low income housing; transportation

Future Meetings:

Margaret Stauffer, Chief Mission Officer, Cancer Support Community will present at the March 14th meeting;

Also Sue Guest will be speaker at next month's meeting; she is a PHN who works with public health nurses who visit seniors

Public Comment – Anthony and Brenda spoke about the upcoming Assessment Needs survey that will be part of the Area on Aging Plan

Action Items for Executive Committee? None

Adjourn 11:15 am.