

Contra Costa County  
Advisory Council on Aging

Minutes for February 15, 2023 Meeting

**ACOA MEMBERSHIP**

Active Members = 30  
Vacancies = 4  
Pending = 6

Call to Order: Jill Kleiner, President, called the meeting to order at 9:31 a.m.

Present:

Marty Aufhauser	Carol Kehoe	Lorna Van Ackeren
Mike Awadalla	Jill Kleiner	Michael Wener
Swamini Bajpai	George Lee	Dennis Yee
Jagjit Bhambra	Steve Lipson	
Mary Bruns	Nuru Neemuchwalla	
Debbie Card	Brian O'Toole	
James Donnelly	Erin Partridge	
Kevin Donovan	Ramapriya Raju	
Jennifer Doran	Michael Rigsby	
Candace Evans	Sara Shafiabady	
Rudy Fernandez	Terri Tobey	

Absent: Michelle Berman, Kacey Carterelliott, Jody Iorns, Shirley Krohn, Penny Reed, Sam Sakai Miller

Guests: Elaine Welch, Mobility Matters  
Debbie Toth, Choice in Aging  
Tara Cantu, Choice in Aging  
Caitlin Sly, Meals on Wheels Diablo Region  
Jennifer Quallick, Supervisor Andersen's Office  
Michelle Hayes  
Marilyn Fowler  
Cate Burkhart

Staff Present: Ana Bagtas, Jenny Lam, and Glenda Pacha

Roll Call: Jenny Lam conducted the roll call and noted 29 members present establishing a quorum.

Approval of Today's Agenda:

- Jim made a motion to approve the agenda as amended. Michael seconded the motion. The motion passed unanimously.

Approval of January 2023 Minutes:

- Jim made a motion to approve the January 2023 minutes as amended. Nuru seconded the motion. The motion passed unanimously.

### Area Agency on Aging (AAA) Program Manager's Report – Ana Bagtas, AAA Program Manager

- Collaborative Consulting (CC) Local Master Plan for Aging Playbook launch meeting on 2/10/2023 with IMPAACT Steering Committee. CC will meet with IMPAACT Steering Committee monthly to further develop local playbook
- Measure X RFP's
  - Outreach, Transportation and Case Management due on 2/21/2023
  - Capacity Building will be released this week and open to current contractors only
- OAA RFP's
  - Title IIID Health Promotion: Evidence Based Health Promotion programs to be released at a future date
  - Title IIIE Family Caregiver Support Program: Community Education, Respite, One on One counseling services sought after in this RFP.
- Public Hearing of Area Plan Update FY 23-24 which showcases what Area Agency on Aging will focus on next year. A draft of the plan will be published prior to hearing and public comments are welcomed.
- Senior Nutrition Program Transition in full force. Three Public Health Staff joined AAA team. AAA will fully absorb Sr. Nutrition program on July 1, 2023.

### ACOA Local/City Representatives Reports:

Antioch – Rudy Fernandez

- City of Antioch second biggest city in Contra Costa County. Large influx of residents to Antioch, hence explosion of population. Advocating for developing Commission on Aging in Antioch. Antioch Senior Center is open to individuals 50 years of age and older with no membership fee required.

Oakley – Michael Rigsby

- Oakley Senior Center congregate café resumed services. Dance classes, tax preparation services and art classes provided at Senior Center.

### Council Member Self Introductions:

Council Members provided one-minute self-introductions to the group.

### Committee and Work Group Reports:

#### Membership Committee – Jagjit Bhambra

- Four vacancies: Brentwood, Pinole, San Pablo, Nutrition Council
- Currently 7 members pending FHS/BOS approval
- Will recruit for position after vacating Gerald Richard's MAL #9 seat
- Orientation for new members tentatively scheduled for 3/24 – more info to come

#### Planning Committee – Kevin Donovan

- The Planning Committee met on Tuesday, Feb. 7 and initially discussed upcoming items we will need to provide support on with Ana. Planning Committee members and also interested members of the ACOA will be needed to review RFPs for Measure X funded programs as well as

RFPs for Title IIID health promotion and Title III E family caregiver programs. Ana provided an update on the ongoing transition of Senior Nutrition to the AAA and pending changes.

- As the COVID related funding primarily for senior nutrition programs begins to wind down, the impact on nutritional programs will be material. This transition will require careful planning and clear communication with our vendors so an orderly transition to lower funding levels is achieved.
- Finally thanks to the committees and work groups for their timely review of the Annual Plan Update's goals and objectives and the providing of their suggested changes. As a result of every groups promptness I believe we are well positioned to provide a comprehensive draft of suggested changes to the Executive Committee for their review during their early March meeting.

#### Health Workgroup – Jennifer Doran

- Eric Frietag, PsyD., ABN of Mount Diablo Memory Center provided presentation on Dementia in February
- Contra Costa Senior Legal Services presenting in March
- Jennifer, Sara and Michelle will be presenting Aging in Place brochure next month to the Health Workgroup

#### Technology Workgroup – Steve Lipson

- ChatGPT public access Artificial Intelligence discussed. ChatGPT provides unique information based on query's.
- Erin provided debrief on BioConvergence: Transforming How Humans Live and Age webinar.
- Ana Bagtas discussed webpage update issues and provided overview on Access to Technology grant fund disbursement. Rachel Birch from Public Health Department also shared information regarding their Access to Technology funded program.
- Kevin Donovan provided update on Bay Area Digital Inclusion Coalition

#### Senior Mobility Action Council (SMAC) Transportation Workgroup- Jim Donnelly

- AB540: Social Services Transportation Improvement Act
- Meeting with SMAC workgroup to develop support letters for AB540

#### Housing Workgroup- Kevin Donovan

- Gerald Richards resigned as Chair of Housing Workgroup
- Co-Chair from CEI involved in tracking housing issues in East Bay
- Gerald provided sample letter of endorsement for SB4 and will be shared with Executive Committee and ACOA for review.

#### ACOA President's Report: Jill Kleiner

- ACOA annual membership survey sent to ACOA members by Glenda. Please respond by 2/17 at 12:00 pm.
- New member orientation relaunch in March. Orientation open to all members to serve as a refresher for all members.
- In-person meetings to resume on March 1, 2023. State of emergency will expire on February 28, 2023. Remote attendance is limited to twice a year with parameters as described in

AB2449. Traditional Brown Act's teleconferencing rules requires public agencies to identify each teleconference location on the agenda, post the agenda at those locations, and make each location open to the public. Quorum is essential to approve items on the agenda.

Presentation – Mobility Matters – Elaine Welch, Executive Director

- Mobility Matters is a nonprofit organization that offers free door through door, one on one-escorted rides for seniors who cannot take other forms of transportation.
- Provides services for veterans and service animals as well.
- Drivers assists seniors and veterans throughout the duration of their appointment or errand.
- Offers transportation information and referrals service to connect seniors and veterans to transportation services that are not offered by traditional means of transportation such as Paratransit.

Regional Coalition Update – Debbie Toth or Lorna Van Ackeren

- Focusing on local implementation for Master Plan on Aging
- Assembly Committee on Long Term Care having a briefing on MPA on 2/21/2023 – information released the day of on Assembly Committee website
- Providing briefing for new legislature members: CCLTS Fe

Public Comment

- Michelle Hayes provided information regarding an Alzheimer's Study for ages 60-90:
  - <https://www.ccabresearch.com/>
  - <https://ccabstudy.com/participate>

New Business for Next Meeting:

- Next ACOA Meeting will include the Public Hearing. It is on Wednesday, March 15, 2023.

Jill adjourned the meeting at 11:30am.