

# ADVISORY COUNCIL ON AGING

## Minutes for February 20, 2019

### ACOA MEMBERSHIP

Active Members = 32  
Vacancies = 7  
Pending = 1

### Call to Order

: Susan Frederick

, council President, called the meeting to order at 9:32 a.m. Mrs. Frederick led the Pledge of Allegiance.

### Present:

Fred Adams	Gail Garrett	Mary Rose
Jagjit Bhambra	Arthur Kee	Summer Selleck
Deborah Card	Joanna Kim-Selby	Ron Tervelt
Nina Clark	Shirley Krohn	Lorna Van Ackeren
Jim Donnelly	Steve Lipson	Patricia Welty
Jennifer Doran	Richard Nahm	Dennis Yee
Rudy Fernandez	Captain Nuru Neemuchwalla	
Susan Frederick	Brian O'Toole	

**Absent:** Mary Bruns, Branin Cook, Jill Kleiner, Ruth McCahan, Fuad Omran, Rita Xavier,

### Guests:

Kathleen Kelly, presenter, Family Caregiver Alliance CEO  
Susan Poor, Family Caregiver Alliance  
Annie Roche, Family Caregiver Alliance  
Debbie Toth, Choice in Aging  
Megan Crain, Congressman De Saulnier's Office  
Tom O'Keefe, CEO Rossmoor, Walnut Creek  
Frances Smith, Richmond resident  
Jody Iorns, Diablo Valley Foundation

**Staff Present:** Tracy Murray, Laura Cepoi, Glenda Pacha, Brandy Walker (APS) and Anthony Macias

**Roll Call:** Fred Adams called the roll and established there was a quorum.

### Announcements:

- Grand reopening Adult Day Health Center in El Sobrante on March 7th; This year's Senior Rally day will be May 7<sup>th</sup>, more information to follow.

### Approval of Today's Agenda:

- James Donnelly moved for approval of today's agenda, Arthur Kee motioned 2<sup>nd</sup>, unanimously approved by council.

### Approval of December Minutes:

- Arthur Kee moved for approval of the January minutes, James Donnelly motioned 2<sup>nd</sup>, unanimously approved by council.

### Committee Work Group Reports:

- Legislative Advocacy Workgroup – Shirley Krohn

The first meeting of the legislative WG was very well attended; in future meetings will be a combination of attendance in person and by conference call; February meeting has very important updates and will not be a meeting that can be attended via conference call; California Senior Legislature advocacy group in the midst of proposing fund development and is accepting contributions to CSL for continuing advocacy; CSL consists of 1 paid staff member and rest are all volunteers.

- Senior Mobility Action Council (SMAC)- Mary Bruns  
Lorna Van Ackeren discussed SMAC proposal for an all ACOA conference for 2020; she mentioned some of ideas that have been discussed so far.
- Planning Committee – Ron Tervelt  
Committee received 2 CBO presentations this month. One was from Family Caregiver Alliance and the other was from Alzheimer’s Disease and Related Disorders Association.
- Housing Workgroup – Ruth McCahan (absent)  
Will have 1st meeting of 2019 on February 27, 2019
- Elder Abuse Prevention Workgroup – Mary Rose  
Mary stated she would provide list of dates and locations of Elder Abuse Prevention presentations, for next 6 months, at March meeting.
- Health Workgroup– Susan Frederick  
Discussion of AB388 and support with letter to CCC legislative members; 2020 event with whole ACOA and not just SMAC workgroup; will be asking for volunteers for planning committee for this event from Health WG.
- Nutrition Council– Gail Garrett  
MOW are seeking volunteer drivers, 2 hours a week only needed, for West and Far East;  
mowofcontracosta.org
- Membership Committee – Jennifer Doran  
all MAL are filled, awaiting BOS approval; ACOA assist (buddy program); expectations document; Kathy Ames will be recommended to BOS to fill vacancy for MAL seat #10.

### **President’s Report – Susan Frederick**

The appointment of committee and workgroup chairs- no changes, chairs and co-chairs remain the same and are listed above next to workgroup or committee report.

New members appointed to planning committee: Kevin Donovan, Dennis Yee;

Update on ACOA Bylaws ad-hoc committee: Richard Nahm has completed these (with ex-officio member Gerald Richards) and will be reviewed by Executive Committee; once approved by E-C will then present general membership for approval; then to county council and county BOS for final approval.

For those interested to be involved with ACOA website and electronic marketing an ad-hoc committee is being formed; contact Anthony to join ad-hoc committee.

### **Presentation: Family Caregiver Alliance, Kathleen Kelly, Executive Director**

- Caregivers in the state provide an estimated \$58 billion dollars of care, surpassing Medi-Cal in terms of economic value.
- Most are women (75%), average age 58, 57% are employed
- FCA serves six Bay Area Counties: Contra Cost, Alameda, Santa Clara, San Mateo, San Francisco, Marin
- Some services include: Standard caregiver assessment resulting in Action Plan and follow up; Consultation on caregiver-identified needs; Training on: direct personal care skills (medical, ADL’s, IADL’s) ; behavioral management skills; Consumer-directed respite services.

- Review of Caregiver Supports: Contra Costa County
- Funded by the Long Foundation, the goal of the Review of Caregiver Supports at the county level is to determine the extent of:
- Current services and supports and gaps in existing system
- Current and future needs for caregiver support
- Any special initiatives in county that include family caregivers
- Future forecast of older and disabled adults, available unpaid family caregivers, gap analysis
- Identification of other county efforts

### **Regional Coalition Updates- Debbie Toth, Executive Director, Choice in Aging**

The annual crab feed fund raiser was a great success, thanks to those who participated;  
 This year marks CEI 70<sup>th</sup> anniversary;  
 SCAN foundation continues to fund regional coalition as separate entities; waiting for board approval;  
 will ask for more funding if available;  
 880 concept meetings with 17 city councils and 2 town halls;  
 “farm team” getting cities engaged in 880 concept event;  
 Also interested to see what will come of Master Plan for Aging that Gov. Newsom has proposed

### **Program Manager’s Report – Laura Cepoi**

Letter of Commendation from Senator Diane Feinstein to Shirley Krohn, commending her on 15 years of service to the ACOA and advocacy on behalf of seniors around financial abuse.

Federal news:

National Association on Area Agencies on Aging is looking at influencing HIPPA policy changes that would reflect and support the transformation to value based care. AAA services are home and community based services, AAA’s operate and fund programs at a critical nexus between acute medical providers and community based services. Community based organizations have a difficult time provide services that could be funded by HMO’s due to HIPPA restraints. By affecting some changes to HIPPA policy there would be a stronger bridge between medical and community based services.

Federal government is preparing for 2030 report; current draft has an emphasis on youth/children even though there will be more people over the age of 60+ than there will be under the age of 20 years old. We are advocating for a greater emphasis on social determinants of health and to include basic things that effect the health of older adults like fall prevention, caregiving, Alzheimer’s. In 2030 there will be a greater concentration of over 85 years old. We are looking at the expansion of caregiving spanning multiple generations. A millennial could be caring for a 70-year-old parent and a 90-year-old grandparent.

State: Multiple changes at California Department of Aging, open positions at the top. In addition, there is Governor Newsom’s Aging Platform, he will be assigning an aging Tsar and a 15-member council to develop it.

County – latest county Stats; 266,792 people over the age of 60 in Contra Costa. See handout. Understanding the current demographics for our county will be important to understand what our sample population for our surveys should be. The purpose of the ACOA is to assist the AAA in understanding the needs of the planning area (Contra Costa County). We are about to embark upon a 4 year planning period starting in 2020. The needs assessment survey will be unveiled in May and will

close by the end of October. We will need to be strategic with our survey distribution to ensure that we are getting a good sampling of everyone in Contra Costa- not just those who are most likely to take the survey. We will need a Needs Assessment Ad Hoc Committee to review, strategize and report out on the survey. The Needs Assessment Ad Hoc Committee will meet from February – December 2019. The committee will finalize the survey, plan distribution, report monthly on results, and provide oversight of the final result.

Please contact Anthony Macias if you are interested in joining this committee. The committee will meet after the SMAC committee on the 4<sup>th</sup> Monday of the month in 300 Ellinwood, Bodega Room (2<sup>nd</sup> floor).

### **Consent Items:**

Approval of Mary Bruns for Paratransit Coordinating Committee- majority approval

Approval in concept of 2020 ACOA presentation- majority approval

Vote roll call for both consent items:

Yes:

Fred Adams

Jagjit Bhambra

Deborah Card

Nina Clark

Jim Donnelly

Jennifer Doran

Rudy Fernandez

Susan Frederick

Gail Garrett

Arthur Kee

Joanna Kim-Selby

Shirley Krohn

Steve Lipson

Richard Nahm

Captain Nuru Neemuchwalla

Brian O'Toole

Mary Rose

Summer Selleck

Ron Tervelt

Lorna Van Ackeren

Patricia Welty

Dennis Yee

No: none

### **New Business for next month:**

- None

**Public Comment:**

- None

**Meeting adjourned at 11:30 am**

**Next ACOA Meeting March 20, 2019**