

**Advisory Council on Aging Planning Committee  
March 5, 2019, Minutes of the Meeting**

**Call to Order:** Arther Kee called the meeting to order at 9:35am.

**Present:** Arthur Kee, Debbie Card, Susan Frederick, Nina Clark, Kevin Donovan, Dennis Yee and Ron Tervelt

**Absent:** None

**Staff Present:** Laura Cepoi and Anthony Macias

**Welcome and Announcements:** Arthur welcomed new committee members: Dennis Yee and Kevin Donovan

**Public Comment:** None

**Approval of March Agenda**

Moved to approve by Susan Frederick, motioned 2<sup>nd</sup> by Arthur Kee, unanimously approved

**Approval of February Minutes**

Move to approve by Arthur Kee, motioned 2<sup>nd</sup> by Susan Frederick, unanimously approved

**Contractor's Presentation:**

- **Center for Elders Independence**, presenters: **Korinne Stevenson, Justin Rosenthal, LenoreMcDonald**  
40-404 Adult Day Care  
In 2018 Guardian Adult Day care merged with Elder's Independence;  
newly renovated Adult Day Health Care (ADHC) center in El Sobrante will have its grand opening this Thursday 3/7/2019;  
Services to be provided at revamped ADHC: Occupational therapist; chaplain; hot meal; activity aid;  
PACE: Program of All Inclusive Care for the Elderly, is health care plan, that users of ADHC are not required to be a part of inorder to use facility or progmas provided by CEI;  
Transportation provided, Will come to participant's home, transport with trained drivers, in van, to center. If driver sees anything amiss inhome, will report back to SW.  
A geriatric physician is on staff; most health care services can be provided on site.  
A new Concord site is estimated to be opening in 1st quarter of 2020 and will be a large facility that will also be serving East county residents, as well as Central.  
CEI is also now part of Medi\_cal Waiver Program: residents needing SNF level care are receiving in-home care; contracting with home health agencies to perform the care.  
Mental Health services: a significant number of participants of ADHC have some level of some mental challenge; provide mental helath support for the participants; also have psychologists and social workers may be on site.

- **Choice In Aging (CiA)**, presenters: **Debbie Toth and Ronnie Weisberg**

40-403 Adult Day Health Care

1970's wrongful death in nursing facilities; SNF in a daytime; senior center with health care aspect (ADHC created); Mount Diablo has Russian, Farsi, Late stage Alzheimers and general client services programs; created multi-cultural programs for those without these; this grant allows services to those who do not qualify for Medi\_cal; a gap of those too wealthy to be eligible, or non-refugee status; an assessment is done in the participants home prior to coming to center; have onsite nurses who communicate with their physicians; also serve younger people who have had traumatic brain injury; average age is 77 years of participants; high level of expertise on alzheimer's disease; 80% come on Paratransit or CIA's one vehicle, 20% are brought by family or others; No Medi\_care dollars, only medi-Cal funding; licensed to serve 70 persons per day, serve about 65, no wait list; Provide discharge planning for participants when unable to attend day care any longer. Bedford center in Antioch serves East and Far East county as ADHC;

40-366 Caregiver Services: 2 support groups on a monthly basis; Bedford center all caregivers; MD is specific for caregivers of alzheimer's patients.

any Mental Health services or the like? An increase number of folks with mental health disorder and are monitoring these in case plans. As part of the overall diagnosis. Not a strong component of their programs.

### **Program Manager's Report** – Laura Cepoi

- Release of request for Proposals (RFP) will be going out;
- Document of our area plan goals and objectives is ready and will forward copy to committee;
- Public meeting is this month on 3/20 and the area plan goals and objectives will be presented;
- Best practice for promoting health; Health Happens at Home and Community
- Draft of goals for next year;
- New input to expand services for senior homelessness or at risk for homelessness;
- Aging AAA budget to get a 3rd position as funding has gotten approved.
- Discussion: education of services available; continuing education of older adults

### **Plan Next Agenda / Meeting**

- Next Meeting: Tuesday, April 2, 2019, 9:30-11:30, 500 Ellinwood, in the Corner Conference Room)
- April Presentation: Mobility Matters and Ombudsman
- May meeting is same date of Senior Rally Day in Sacramento. **Consider date in May to reschedule Planning Committee meeting.**
- May Presentations: Choice in Aging and Center for Elders Independence (confirmed)

**Items for Executive Committee? None**

**Public Comment** : Debbie had the following comments: CCC's Community Connect Program is continuing to hire staff for the program, and is expecting that the Whole Person Grant will be extended. An article in the CC Times highlighted successes with Santa Clara County's Whole person Care Program. Twenty Five counties in CA, received funding to implement the Whole Person Care Program.

**Adjourn** 11:35