

**Contra Costa County Advisory Council on Aging (ACOA)**  
**Health Work Group Minutes**  
**Thursday, April 14, 2022**

**Call to Order:** Jennifer Doran called the meeting to order at 9:32 am.

**Present:** Jennifer Doran, Eric Freitag, Jim Donnelly, Penny Reed, Nuru Neemwuchwalla, Nancy Leasure, Michael Wener, Candace Evans, Terri Tobey, Caitlin Sly, Marty Aufhauser, Sara Shafiabady, Susan Frederick, Dennis Yee

**Absent:** Brian O'Toole,

**Staff:** Jenny Lam, Anthony Macias

**Approval of Agenda/Minutes**

- Approve Today's Agenda – Jim made a motion to approve the agenda. Michael seconded the motion. The agenda was approved unanimously.
- Approve March minutes - Nancy made a motion to approve the minutes. Michael seconded the motion. The minutes were approved unanimously.

**Update: Tips for Selecting a Nursing Home informational flyer**

- Long Term Care informational flyer/brochure content was reviewed one last time. Updates to misspelled words and content were made.
- The draft flyer/brochure was sent to Employment and Human Services (EHSD) graphic designer to create final product.

**Pending State Legislation to Support – workgroup poll**

- Jennifer Doran will draft a letter of support for SB 842- Health Care/Medical Goods.
- Nancy Leasure will draft a letter of support for AB 1502- Freestanding Skilled Nursing Facilities.
- Jim Donnelly will draft a letter of support for AB 2077- Personal Needs Allowance.
- Kevin Donovan will draft a letter of support for AB 2548 –Healthier Homes –Age in Place Nursing Program.

**Review instructions for supporting legislation** – Nancy Leasure

- PDF of instructions and resource list attached to minutes.

**Presentation:** Mom's Meals – John Phillips, Vice President of National Programs

- PDF of PowerPoint presentation attached.
- Mom's Meals is expanding services in California and contracting with various insurance providers and health organizations.

**Member Reports:**

- AARP – Nuru Neemuchwalla
  - AARP pamphlet- How Policy drives Advocacy- attached to minutes.

- Nutrition – Caitlin Sly
  - Meals on Wheels Diablo Region now have a total number of six cafés open.
  - They have seen congregate meal site attendance declining. This was the case prior to the pandemic and since then fewer people returning to senior centers and congregate meals sites.
  - They will need to look at new and innovative ways to make congregate settings more attractive.
  - A pilot café program began in Brentwood. It is at Chapalla, a Mexican Restaurant. Congregate meal services started in mid-March and currently serves 10-12 participations each day.
  - Congregate sites at restaurants provide more neutral settings than senior centers. Restaurants can provide culturally competent meals.

**Discussion: Future Presentations**

- May: No presenter scheduled at this time.
- June: Senior Peer Counseling

**Public Comment**

None.

**Future Meetings:** Next meeting Thursday, May 12, 2022.

The meeting adjourned at 11:33am.