

# ADVISORY COUNCIL ON AGING

## Minutes for April 17, 2019

### ACOA MEMBERSHIP

Active Members = 32  
Vacancies = 7  
Pending = 1

**Call to Order:** Susan Frederick, council President, called the meeting to order at 9:30 a.m. Mrs. Frederick led the Pledge of Allegiance.

**Present:**

Jagjit Bhambra	Arthur Kee	Frank Napoli
Deborah Card	Joanna Kim-Selby	Brian O'Toole
Nina Clark	Jill Kleiner	Mary Rose
Kevin Donovan	Shirley Krohn	Lorna Van Ackeren
Jennifer Doran	Steve Lipson	Patricia Welty
Susan Frederick	Jatin Mehta	Rita Xavier
Gail Garrett	Richard Nahm	Dennis Yee

**Absent:** Fred Adams, Mary Bruns, Branin Cook, Jim Donnelly, Rudy Fernandez, Captain Nuru Neemuchwalla, Summer Selleck, Fuad Omran, Ron Tervelt

**Guests:** Linda Groobin (DVF), Gerald Richards, Frances Smith, Aaron Silver (DeSaulnier office)

**Staff Present:** Glenda Pacha and Anthony Macias

**Roll Call:** Gail Garrett called the roll and quorum was established

**Announcements:**

- Newest council member Frank Napoli was introduced by Susan Frederick
- Anthony Macias: Senior Rally May 7 – buses are available to transport residents of county in West, Central and East regions; phone numbers for reserving a seat on these buses was handed out to members.
- Rita Xavier: West County Senior Coalition event April 26- Senior Scam Stopper at San Pablo Library from 10am-12 noon
- Lorna Van Ackeren - City of PH is commission on Aging Events:
  - May 18 Car Fit program with AARP, adjust mirrors, tire to make it easier for seniors to drive
  - May 3 Laugh Love and Learn – Senior Live Well Forum
- Anthony-Area Agency on Aging Needs Assessment Survey has been drafted and is ready for pre-testing. Anthony will go email link to take pre-test of survey at [surveymonkey.com](https://www.surveymonkey.com). Be sure to respond. Once we have received feedback we will review results before publishing final survey to be sent out to CCC residents 60+ and caregivers for residents 60+.

**Approval of Today's Agenda:**

- Arthur Kee moved for approval of today's agenda, Jagjit Bhambra motioned 2<sup>nd</sup>, unanimously approved by council.

### **Approval of March Minutes:**

- Arthur Kee moved for approval of the February minutes, Richard Nahm motioned 2<sup>nd</sup>, unanimously approved by council.

### **Committee Work Group Reports:**

- Legislative Advocacy Workgroup – Shirley Krohn reported  
Legislative Committee meets next Wednesday, April 24<sup>th</sup>; AB480 has been revised to add language to include veterans and PTSD; sponsorship of bill is Assemblyman Salas of Bakersfield; Shirley will be attending presentation at CSU Bakersfield on May 1<sup>st</sup>
- Senior Mobility Action Council (SMAC)-  
No report as workgroup chair absent.
- Planning Committee – Susan Frederick reported
  - o Mobility Matters presented in April – provides rides for seniors, veterans and disaster preparation (emergency evacuation), emergency planning materials.
  - o Ombudsman Program also presented in April– they are now adding Solano County to their service areas, they have resident empowerment (with senior legal services) identify seniors in facilities who may need legal paperwork and help them obtain it. To empower residents to make their own decision. CNA supported training program (food, transportation and other supportive services).
- Housing Workgroup – Gerald Richards reported  
Presentation by Allison Pruitt, Manager for Research & Evaluation arm of EHSD, who may be able to  
Assist ACOA with letters in support of legislation, assembly bills, etc.  
Workgroup also discussed Housing participation on ACOA 2020 event.
- Elder Abuse Prevention Workgroup – Mary Rose reported  
Made presentations in Pleasant Hill, Danville and will do one in El Cerrito this Friday (April 19).  
More are to be scheduled.
- Health Workgroup– Jennifer Doran reported  
Discussed legislative bill - amendment to Long Term Care Waiver – increased funding for moving SNF to stable home environment, increase in salaries  
Medi-Cal programs are being test run to provide some financial assistance to seniors instead of SNFs to lower cost – lots of different options being tested.
- Membership Committee – Jennifer Doran reported  
2 vacancies MAL  
1 person in line for MAL  
1 person on waiting list  
Anthony presented an amazing new member orientation in March
- Nutrition Council – Gail Garret reported  
Nothing new to report; invites all members to go to lunch at one of the county's CoCoCafes where lunch is a mere \$3 donation.

### **Presidents Report: Susan Frederick**

- Thanks to Gerald Richards and Richard Nahm working on ByLaws revision
- Elder Abuse Prevention group – ACOA logo will be included on their website and materials. Summer Selleck will be liaison between ACOA and Elder Abuse Prevention Program (EAPP).
- announced the brand new Technology Workgroup to be led by Steve Lipson

- Influencing the Board of Supervisors – members want more influence with BOS the way to do that is to present to them. If member presents to BOS as representing the ACOA, must be pre-approved by Exec Committee for approved topic. At BOS general meeting public allowed 3 minutes to present to BOS. Are you willing to take that on? We could go once a month it would require 12 people per year. Jagit suggests working thru EHSD. Can we ask BOS to attend ACOA? Will try inviting BOS individually to ACOA? Gerry – in the past, asked individual Supervisors to attend ACOA. Shirley said Sups Burgis and Mitchoff send reps to some ACOA/AAA meetings. Have any of you met with your Supervisor? Only 2 people have tried to meet with their Supervisors. 1 was successful.
- AAA posted RFP to an expanded list of organizations
- In LA, homeless mentally ill started Street Psychiatrist program. Students seeking permanent housing/health care for these people.
- 1/3 of people with cancer use alternative medicine and don't tell their doctors about it.

#### Consent Items:

- Letter of Support For AB568 – California Care Corps
  - Item was tabled - Letter and text of the bill to be included in packet for next month for consent
- Approval of Changes to ACOA bylaws
  - Arthur Kee moved for approval of changes, Rita Xavier motioned 2<sup>nd</sup>. Approval of changes was voted unanimously in the affirmative by council.
  - Next steps: Changes will be reviewed by County Counsel
- Approve removal of Fuad Omran from ACOA in accordance with Bylaws
  - Richard Nahm moved for approval of removal of Fuad Omran, Shirley Krohn motioned. Removal of Mr. Omran was voted unanimously in the affirmative by council.

#### **Diablo Valley Foundation for the Aging - Linda Groobin**

##### **Who do you trust with your Trust?**

DVFA is a nonprofit that does care management with a focus on financial

Help seniors:

- Who have limited support
- Need support with money management
- Who may benefit from care management
- Need respite care for selves or themselves

Respite Care Center - 3 days a week, social day program, 4 hours a day, \$35 per day

How they help:

- Review Financial matters
- Review Legal matters
- Decisions about moving
- Out of state family members

#### **AAA Program Manager's Report – Laura Cepoi**

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#### **Regional Coalition Updates- Debbie Toth, Executive Director, Choice in Aging**

Master Plan on Aging – Gov had stated

- Governor wanted to have Master Plan for Aging
- No money in Governor's budget for Master Plan on Aging

- But waiting for May revise
- Some Legislators also have proposed plans for Master Plan for Aging that are not the same was Gov
- Still unclear going forward
- Aging Czar + 15 member committee has been proposed

Our Regional Coalition (ACOA/Choice in Aging) received a \$5,000 grant from SCAN to put on an event

- Topic: Master Plan on Aging
- Sue North will help us put on the event
- Our Farm Team: Karen Mitchoff, Diane Burgis, Lori Ogorchoff (spelling – Antioch City Council)

Regional Coalition is partnership with ACOA/Choice in Aging to advocate for accessible long term care support in our community. 19 throughout the State. Meet quarterly. Funded by SCAN Foundation. The SCAN Foundation is an independent public charity devoted to transforming care for older adults in ways that preserve dignity and encourage independence.

### **AAA Program Manager’s Report – Anthony Macias for Laura Cepoi**

The UCLA Center for Health Policy Research, Fielding School of Public Health, released the Elder Economic Index for 2019. Contra Costa data was extrapolated from that report to reflect the changes from 2017 to 2019. Older adults who rent were the most impacted with a 22.2% increase in rent within a two-year period. Contra Costa had the same increase as Alameda County coming in 4th to San Mateo, San Francisco and Marin for highest rent increases in the state during this timeframe.

This summer Contra Costa and Alameda HICAP programs will conduct a required joint training on long term care insurance (LTCI). There is a high level of interest from HICAP volunteers to participate in this training, though not many people are buying new policies and most of the demand for LTCI counseling is coming from existing policyholders who are experiencing large premium increases.

### **HICAP Statistics**

In March, HICAP conducted 8 interactive presentations, reaching 129 attendees. There were 380 people counseled and 317 finalized intakes.

### **Information & Assistance (I&A)**

In March, I&A handled 1,271 inbound calls through its integrated phone system. There were 513 calls for IHSS, 208 calls for APS, and 551 calls for I&A. The call count represents selections made by callers from the phone tree menu, which does not always accurately reflect the services provided. For example, a caller may have selected I&A but wants to apply for IHSS.

In addition, I&A handled 233 outbound calls - returning voicemail messages, conducting follow-ups, and contacting service providers for “warm hand-offs”. All total, I&A handled 1,505 calls in March.

### **Senior Community Service Employment Program (SCSEP)**

SCSEP has enrolled two new participants in March for a total YTD of 52. There are 44 active participants. Three participants exited one with an employment placement with a Caregiving agency. One for durational limit and the third for voluntary reasons. We are on target with our service goal and we will be 10% over budget on wages but NAPCA SCSEP as a whole is underspending so we are gladly assisting with Participant Wage spending. We may also increase hours across the grant to ensure the funds are spent.

**Public Comment:**

Debbie Card – AAA presentation at Living Better after 50 was very well received and Thank you to Laura, Glenda and Anthony for a great presentation.

Gerry Richards– Long Term Care Insurance – proposal to create LTI commission under Insurance Commissioner presented to California Bar Assn. A feasibility study was launched.

Debbie – CADA – California Aging & Disability Associates sole focus is to address financing of Long Term Care.

Shirley Krohn – Senior Rally May 7 – East County 2 full buses, Richmond has 25 registered.

Joanna Kim Selby– Thank you to those who attended CEI El Sobrante open house.

**Meeting adjourned at 11:34 am**

**Next ACOA Meeting May 15, 2019**