

ADVISORY COUNCIL ON AGING

Minutes for June 19, 2019

ACOA MEMBERSHIP

Active Members = 29
Vacancies = 9
Pending = 2

Call to Order: Susan Frederick, council President, called the meeting to order at 9:30 a.m. Mrs. Frederick led the Pledge of Allegiance.

Present:

Fred Adams	Susan Frederick	Mary Rose
Jagjit Bhambra	Arthur Kee	Summer Selleck
Mary Bruns	Joanna Kim-Selby	Terri Tobey
Deborah Card	Jill Kleiner	Ron Tervelt
Nina Clark	Shirley Krohn	Lorna Van Ackeren
Jim Donnelly	Steve Lipson	Patricia Welty
Kevin Donovan	Frank Napoli	Dennis Yee
Jennifer Doran	Nuru Neemuchwalla	
Rudy Fernandez	Brian O'Toole	

Absent: Gail Garrett, Jatin Mehta, Richard Nahm, Frances Smith

Guests: Vanessa Cendejas & Kathryn Reisinger (City of Walnut Creek); Gerry Richards; Nancy Leasure; Taylor Kimber (Rep. DeSaulnier's office); Lia Bristol (Supervisor Mitchoff's office); Verna Haas (Senior Legal Services); Eliza Duggan (Senior Legal Services); Oravanh Thammasen (West County Family Justice Center); Debbie Toth (Choice in Aging)

Staff Present: Laura Cepoi, Glenda Pacha and Anthony Macias

Roll Call: Fred Adams called roll; quorum established with 25 members present.

Announcements:

- Shirley announced that the "Stamp Out Elder Abuse" bipartisan bill has been introduced in House and Senate. The Elder Justice Coalition promote the stamps.
- Welcome new ACOA member Terri Tobey

Approval of Today's Agenda:

- Jim Donnelly moved to approve today's agenda, Shirley Krohn 2nd the motion, agenda was unanimously approved by council.

Approval of May 2019 Minutes:

- Jim Donnelly moved to approve minutes of June 2019, Jagit Bhambra 2nd the motion, May 2019 minutes were unanimously approved by council.

Committee Work Group Reports:

Legislative Advocacy Workgroup – Shirley Krohn reported that met with BOS legislative committee and had a very positive discussion around Alzheimer’s disease; reviewed 2 letters that were written by ACOA with committee; Mental Health AB480 bill has no oppositions and is moving forward; no meeting in July, will resume in August.

Senior Mobility Action Council (SMAC)- Mary Bruns reported Western CCC transit authority presented; update on transportation infographic; SCAN grant for Lafayette proposed.

ACOA 2020 Event update: Jim Donnelly reported working on updating the planning on event; estimate of 200-300 potential attendees; tentative date of either 1st or 2nd weekend in September 2020 ; costs reviewed for food, outreach, printing, venue; fundraise for additional costs; will use assistance of a non-profit fiduciary to have money raised administered; venues in Central county being looked at; committee will reach out to Representative DeSaulnier as keynote speaker; Next meeting 6/24 10:15am.

Planning Committee – Arthur reported presentation from Nutrition contract/MOW; AAA report; Reviewed Planning Committee Reference Material.

Housing Workgroup – Gerald Richards reported no meeting this month and working on website for subsidized housing in county.

Elder Abuse Prevention Workgroup – Mary Rose reported that regular meeting on May 15, attendees included: Shirley, Summer, Mary Rose and Brandy Walker from APS, Verna Haas from Senior Legal Services, Nicole Howell from Ombudsman, great meeting at which both SLS and Ombudsman gave overviews of their programs; Verna also does prevention presentations and says more is better; New roster of (committee or workgroup) members: Michelle Shafer APS, Brandy Walker APS, Shirley Krohn, Gerry Richards, Carey Rowan, public law librarian, Richard San Vincente board member of Meals on Wheels Contra Costa; WG Welcomes more members to join; Meeting dates on August 21 and Dec 18 in mediation room in 500 Ellinwood.

Health Workgroup– Susan reported about meals on discharge plan with CC Health Services starting up again; or may wait until; Contacted Carrie Blanding, Interim Executive Director at Meals on Wheels Diablo Region about Meals on Discharge. They are interested in providing the service; Jennifer spoke about Alzheimers Assoc. and spoke with Zach Smith about bill (?) and not signed on by CA senators (SB880/HR1873) please contact senators and representatives; younger Alzheimers disease Act, for early dementia, to be included in Older Americans Act provisions, HR1903/SB901, both in committee.

Technology Workgroup – Steve Lipson reported had first meeting in June; county resources on line; education and training; center for accessible technology in Berkeley as possible presenter; WG will look at how county information is presented online; purpose of WG educate older adults on available technology; Connecting with Center for Assistive Technology to learn about available assistive technology.

Membership Committee – Jennifer Doran discussed difficulty recruiting city members and reached out to BOS to each on to put this recruitment on their newsletter; also reached out to individual cities. Membership committee will develop information about the ACOA for them to put in their newsletters to recruit new ACOA members; Each city’s websites were reviewed. Membership will reach out to put AAA recruitment on their websites as a volunteer opportunity

Nutrition Council – Gail Garret absent, no report given.

Presidents Report: Susan Frederick

Thank you to Kevin Donovan for meeting with supervisor Canadace Andersen.

Supervisor Andersen will have ACOA place on BOS agenda in August or September to speak for five minutes and is very supportive of ACOA; Members are asked to come to BOS meeting on and show support of what council accomplished.

Susan attended to Triple-A Council of California (TACC) meeting, TACC represents the 33 Area Agencies on Aging Advisory Councils (<https://tacc.ccoa.ca.gov/>); TACC in process of developing statement for for submission regarding what they want to see in the Master Plan on Aging, which is now an executive order from Gov. Newsom.

Consent Items:

Vote for Kathie Thompson to fill vacancy of Member At Large (MAL) #3. Arthur Kee moved to approve, Summer Selleck second. Motion carried as approved by unanimous vote of members present.

Vote for ACOA to partner with Elder Abuse Prevention Project:

Discussion: Mary Rose stated that EAPP has various partners (Ombudsman, Senior Legal Services, APS, etc.); Overall goal is enhance community awareness, computer system to track points of contact; Dennis Question: what does “partnership” mean? Do we mean financial? No not financial, more informational and resources; Improve overall health of seniors; volunteers will participate with EAPP activities; ACOA logo will be on EAPP printed materials.

Mary Rose moved to vote yes to partner with EAPP, Jim Donnelly motioned second. Motion carried as approved by unanimous vote of members present.

Item tabled for another meeting: Holiday Potluck to supplement December lunch

Elder Abuse Prevention Project (see PP) Eliza Duggan and Oravanh Thammasen

EAPP is a public / private partnership between multiple government agencies and non-profit organizations that connect elder abuse survivors to resources within Contra Costa County.

All the agencies screen clients for EAPP. There is no wrong door. An elder or dependent adult who comes through any of the agencies can be enrolled in the program.

Their information goes into a secure database managed by the FJC, and then the client can be easily referred to any other agencies for support. Clients get a warm hand-off and we can see each other’s work with the client through the database.

EAPP Resources:

- Identification and early intervention in elder abuse
- Elder abuse case management and coordination
- Formal case review by our multi-disciplinary team (MDT) and/or our financial abuse strike team (FAST)
- Training of law enforcement and service providers
- Restorative justice circles
- Collaboration with community partners and agencies on elder abuse public awareness campaigns and education.

Regional Coalition Updates- Debbie Toth, Executive Director, Choice in Aging

The Regional Coalition is a 6 year statewide partnership to advocate for long term support and services for people living in the community.

Coalition will be setting up local event themed on master plan of aging; will be held at end of August with 75-100 attendees “what we in CCC that want in the Master Plan”; Supervisors Burges, Mitchoff and Lori Ogerchalk (city council) will be in attendance; Is the plan going to be directed by

administration or by legislature by policy bills that have been; GOV released executive order; Meach is the person who is directing this plan and he is going to select members for this committee- a variety of sectors are being sought. He is working with local government at local level.

AAA Program Manager's Report –Laura Cepoi

California is due to have 9 million residents over 65 by 2030; 1 in 10 will be over 85; they are more ethnically diverse, childless, and have less in savings than current generation; Gov. Newsom executive order for Master plan on Aging; Plan needs to emphasize people's ability to age in place; demand for care givers will be heavy as shift in population creates new demands. Currently there are anywhere from 800,000 to 900,000 seniors (over 65) looking for work.

Housing: To live in Contra Costa and live in a 2 bedroom apartment, you have to have a \$55/hour job; I&A receives 48 calls a month about housing, half from recently homeless seniors. OAA needs to be reauthorized by Sept 30, 2019; will increase caregiving and senior nutrition funding. June is Elder Abuse Prevention month; This year, #1 abuse was neglect/self neglect: symptom isolation (80%) in Contra Costa which is a change from last year's financial abuse being #1; Social isolation is equivalent to 15 cigarettes a day in terms of health issues/cost; Communities need to provide free activities to combat isolation. Oakley Senior Center opening this month and volunteers will be planting 5,000 purple flags to represent abuse reports. Needs Assessments Survey is up and running so help "Get 'em out, Get 'em back". Nosy Neighbor Campaign for Heat issues this summer as affects seniors at a higher rate; check on your neighbors.

Public Comment:

- Susan discussed genetic testing DNA testing, at health fairs. This is a scam perpetrated on seniors as free service to test for cancer.
- Joanna Kim Selby informed the Council of the following items:
 - According to the AARP Bulletin we are healthy now, outlook risky – baby boomers are retiring
 - In year 2020, Social Security will be paying out more than it is taking in
 - Gift Card scam
 - PG&E notice about customers must plan to be self-sufficient for 48 hours in the event of a blackout
- Susan added that TACC Housing, Transportation and Nutrition are the top items they want on the master plan.
- Debbie- CCC Transportation authority promoting a tax for transportation funding to be on March 2020 ballot.

Meeting adjourned at 11:33 am

Next ACOA Meeting August 21, 2019