

**Contra Costa County Advisory Council on Aging
Executive Committee Meeting Minutes
September 4, 2019**

Call to Order: Susan Frederick called the meeting to order at 9:30 am.

Present: Mary Bruns, Jim Donnelly, Jennifer Doran, Gail Garrett, Ron Tervelt, Shirley Krohn, Steve Lipson, Richard Nahm, Susan Frederick, Mary Rose, Jagjit Bhambra

Absent: None

Staff: Laura Cepoi , Anthony Macias

Public Comment / Approval of Agenda/Minutes

- No public comments
- Approval of Today's Agenda: Moved to approve by Shirley Krohn, 2nd motion by Ron Tervelt, unanimously approved.
- Approval of June Minutes: Moved to approve by Ron Tervelt, 2nd motion by Shirley Krohn, unanimously approved.

Announcements and Correspondence

- None

Program Manager Report – Laura Cepoi:

- CCC no longer has CSEP program; Self-help Center (agency) in SF will be taking over this; they also do Alameda, SF, Solano and other surrounding counties; new leadership; hours were reduced from 20 to 12 hours per week.
- CalFresh expansion will be funding senior nutrition staff for senior outreach to help seniors sign-up/apply for CalFresh;
- County plan on aging is due in May 2020, will reflect the state's Master Plan on Aging;
- Monitoring visits coming up for some of the AAA programs;
- Would like more diversity in the programs and people who are served;.

President's Report - Susan Frederick

- Master Plan on Aging meeting with Choice in Aging (CiA) was well attended; Attendees included Kevin Prindiville of Justice In Aging; also representatives from LifeLok clinics and SCAN foundation; quite a number of people and many from ACOA attended; Acting director of the Master Plan on Aging spoke about how there is an outline and breaking it into 4 sections/priorities; comprehensive; stake holders involved and accountability; measurable outcomes; broke up into various groups.
- Jim Donnelly explained that there are to be two reports: long term care will be first report due March 2020; Final report due in October 2020.

Consent Calendar

Motion to approve by Jim Donnelly and Shirley Krohn moved 2nd; unanimously approved

- Recommend Nancy Leasure to fill MAL#8 - approved by all present.

Committee Reports:

Planning Committee – Ron Tervelt - No action items

Membership Committee Report – Jennifer Doran- nominating committee working on recruiting ACOA members for candidates for officer positions for 2020. A few of the current officers expressed interest in remaining in their positions.

Health Work Group – Susan Frederick – next workgroup meeting a PHN and ACOA members Brian O’Toole will be presenters; Brian will speak about MediCal issues.

Transportation Work Group – Mary Bruns- September meeting will focus on accomplishments and goal; working on getting a newsletter out by end of year; Transportation infographic is also in the pipeline.

Technology Work Group – Steve Lipson - no action items

Legislative Work Group – Shirley Krohn – mental health bill was pulled from Senate appropriations committee; Bill is now ‘dead’; Mental Health Crisis Act of 2020 will be revision for this Bill.

Housing Work Group — No Action Items

Elder Abuse Prevention Work Group – Mary Rose – Sept 10 presentation in Danville, Senior Center in Veterans Hall

Senior Nutrition Project Council Report – Gail Garrett – This year 45,9315 meals delivered to 2,190 individuals; 139,307 congregate meals served 18 CC Cafes.

ACOA 2020 Event – Jim Donnelly - timing of master plan will coincide with the 2020 event presents opportunity; would like to place the 2020 Event Planning on the Exec Committee Agenda for full participation of the committee; date will still be end of Aug/Early Sept.

Older Adults Survey Update: Anthony Macias - over 4,000 paper surveys have been distributed so far; about 1,000 have been returned; 800 have been entered so far; more are coming in; focusing on West county as survey winds down. Senior Town Halls upcoming in October with BOS in each of their districts will inform the county 4 year plan on aging.

Organization of Central County Senior Coalition: Shirley Krohn – Shirley has set up a brainstorming meeting for a Central Senior Coalition on Tuesday September 24.

ACOA future presentation items:

October: California Senior Legislature (Shirley)

November: Recess

December: ACOA Year-end meeting

Items for full ACOA agenda:

- Recommend Nancy Leasure to fill MAL#8
- 2020 Census Do's and Don'ts

Action Items:

- Anthony to send forms to CAO for Nancy Leasure appointment to BOS
- Add 2020 event to ACOA agenda

Public Comment: none

Adjourn

The meeting was adjourned at 11:00 am.