

**Contra Costa County Advisory Council on Aging
Elder Abuse Prevention Workgroup Meeting Minutes
Tuesday, September 28, 2021**

Present: Jim Donnelly, Jill Kleiner, Terri Tobey, Marty Aufhauser, Michael Wener, Dale Harrington

Guests: Jason Schwarz, Contra Costa Senior Legal Services (CCSLs); Ellie D. Shirgul and Heather Sweeten-Healy of Contra Costa Health Services (CCHS); John Philson, Polly Cortez

Staff: Anthony Macias

Approval of Agenda/Minutes

- Approve Today's Agenda – Noted change on the agenda: today's presentation will be by Contra Costa Health Services (CCHS) Older Adult Mental Health. Contra Costa Senior Legal Services (CCSLs) will present in October. Jim motioned to approve the agenda as amended. Marty seconded the motion. The agenda was approved unanimously as amended.
- Approval of August 2021 Minutes – Marty motioned to approve the minutes as written. Jill seconded the motion. The minutes were approved unanimously.

Presentation – CCHS Older Adult Mental Health - Ellie D. Shirgul, Program Supervisor; Heather Sweeten-Healy, Program Manager

- Provides mental health services to individuals age 55+ with chronic mental health diagnosis and significant functional limitations due to their mental health challenges.
- Staff go out to see clients in homes or community/field due clients' transportation needs.
- Services include:
 - Intensive Care Management Program for clients throughout Contra Costa County.
 - Short-term problem-solving therapy with licensed clinicians based on referrals from primary care doctors.
 - 8-12 sessions of evidenced-based services for those experiencing depression, anxiety or Post-Traumatic Stress Disorder.
 - Senior Peer Counseling Program provided by community volunteers.
- Throughout the past 5 years, program has decreased inpatient psychiatric hospitalizations by 90%, and decreased visits to Psych Emergency Services by 78%.
- Call Behavioral Health Access Line at (888-678-7277) for more information about services and eligibility.
- Please see Power Point PDF attached to minutes.

Discuss locations to schedule presentations

Presentations this year have mostly been conducted by APS staff. Workgroup members can conduct these presentations, along with an APS Social Worker. Members will need to coordinate with APS staff. Terri's goal for next year (2022) is to conduct four community presentations. The City of San Ramon is waiting to schedule a presentation.

Next meeting is on October 26, 2021. Jason Schwarz or Emily Milstein of CCSLS will be presenting.

Public Comment: None

Adjournment: 11:30am