

**Contra Costa County Advisory Council on Aging
Executive Committee Meeting Minutes
October 2, 2019**

Call to Order: Susan Frederick called the meeting to order at 9:30 am.

Present: Susan Frederick, Mary Bruns, Jim Donnelly, Jennifer Doran, Gail Garrett, Ron Tervelt, Shirley Krohn

Absent: Steve Lipson; Jagjit Bhambra; Mary Rose

Staff: Laura Cepoi, Lisa Ho

Public Comment / Approval of Agenda/Minutes

- No public comments
- Approval of Today's Agenda: Moved to approve by Ron Tervelt, 2nd motion by Shirley Krohn, unanimously approved.
- Approval of June Minutes: Moved to approve by Ron Tervelt, 2nd motion by Jim Donnelly, unanimously approved.

Announcements and Correspondence

- Senior Rally tentatively scheduled for the only time available at the Capitol, May 10th, on Sunday, Mother's day. This might be an issue so more to come to finalize the date.
- Rita Xavier resigned from CSL representing as CCC Senior Assembly person. AAA can appoint for her replacement without conducting an local election. AAA will solicit interested applicants at the October ACOA meeting. The deadline to submit application will be one week and once appointed, a full resume from the applicant will be required. Laura would like the new person to participate in the November CSL annual meeting in Sacramento.

Program Manager Report – Laura Cepoi:

- September is a disaster preparation month. The discussion covers long-term recovery especially from the fire two years ago. How the older adults navigate and recoup from insurance, but if they decided to let go of their homes, there is the loss of generational wealth from the transition. The issue then becomes income in-equity and middle class becomes poorer and etc.
- There is a push for FEMA to provide universal internet access when internet access is down from a disaster. We learned that folks are depended on web access to navigate shelters, town hall meetings, information and sign-ups for FEMA benefits and resources.
- CDA monitored AAA on the SNAP-ED contract. Glenda did a great job for compliance. However, CDA wanted AAA to add the nutrition education component on top of the heavy physical activities performances. Laura proposes the ACOA Health subcommittee to consider taking the nutrition education as one of the subcommittee activities. Jim Donnelly sees added benefits to his already exercise programs.
- Contra Costa County Ombudsman Services was recently monitored by AAA. They are doing a wonderful job.

- The current providers are doing wonderful but the following RFP will be released in the next few months to comply with CDA requirements: Ombudsman, Telephone reassurance, and Friendly visitor. AAA anticipates new providers coming in for the Telephone and Friendly visitor services. Examples are Caring Hands of John Muir, Rainbow Center, and Diablo Foundation might all be interested. This will enable to serve a more diverse population. AAA would like the Commissioners to help read proposals when the time come.
- ACOA drafted a letter to have our BOS to advocate for the OAA passage.
- The first Senior Town Hall meeting is this Friday at San Pablo Senior Center. Welcome to come.
- The Key Informant Survey will be sent out soon. The survey will go to our Commissioners, Public Health, County offices, AAA providers etc.

President's Report - Susan Frederick

- Would like to see a diversity in representing ACOA. A letter will be drafted for BOS and they are required to provide few names so we can reach out to solicit for ACOA membership.
- To encourage participation among the ACOA members, perhaps expectations and a job description should be presented to members.
- Dec 3, is the 6th Bay Area Health Policy conference, held in South San Francisco.
- Meals on Wheels of Diablo hosting a pancake event this Sunday.
- Oct 30th, Disability and Access and Functional Forum will be held.

Consent Calendar

Motion to approve by Shirley Krohn and Jim Donnelly moved 2nd; unanimously approved

- Petition: "Tell Our Presidential Candidates that Young People Care about Addressing Our Alzheimer's Crisis: 1.5million Young People Provide Alzheimer's Related Care and 40% Go Into Debt Doing It" approved by all present.

Committee Reports:

Planning Committee – Ron Tervelt - No action items

Membership Committee Report – Jennifer Doran- No new pending applications at this time. Fred Adams stated intention to resign from ACOA at end of December. Issue is to have cities to send representative to participate- Pittsburg is an example that it takes one hour to commute to ACOA meeting during commute hours so this discourages folks to participate. Encourage and focus on diversity in the ACOA membership.

Health Work Group – Susan Frederick – No action items.

Transportation Work Group – Mary Bruns- The Transportation Educational Paper (TEP) fact sheet is making rounds through cities to get approved before going to BOS for final approval. SMAC presenter in November will be representative from Concord Naval Weapons Station.

Technology Work Group – Steve Lipson - no action items

Housing Work Group — No Action Items

Elder Abuse Prevention Work Group – Mary Rose – No Action Items

Senior Nutrition Project Council Report – Gail Garrett – enjoyed volunteering in various festival booths where meeting many providers for Older adults. Meals on Wheels will be getting \$100K in first quarter of 2020.

ACOA 2020 Event – Jim Donnelly - Will finalize a date and place for the event by December. Still aiming for Oct/ Nov 2020 to have the event take place. The specific venue and speakers would be left flexible for now so we can coincide with the findings and concepts from the California Master Plan on Aging.

Older Adults Survey Update: Anthony Macias- Absent; No Action Items

Central County Senior Coalition – Shirley Krohn – meeting was cancelled because there was only one other person planned to attend. However, later learned that 5 other folks were coming so another meeting will be planned for November.

ACOA future presentation items:

November: Recess

December: ACOA Year-end meeting

Items for full ACOA agenda:

- Recommend Nancy Leasure to fill MAL#8
- 2020 Census Do's and Don'ts
- solicit CSL interested applicants
- Approve and support the SMAC TEP fact sheet
- Solicit interest to become Nutrition Educator for SNAP-ED

Action Items:

- Add 2020 event to ACOA agenda

Public Comment:

West County Coalition Update- Laura Cepoi

- CEI is willing to be fiscal agent for the Coalition
- Meetings will be held in El Sobrante
- Joan Carpenter Retired

Adjourn

The meeting was adjourned at 11:15 am.