

ADVISORY COUNCIL ON AGING

Minutes for January 15, 2020

ACOA MEMBERSHIP

Active Members = 29
Vacancies = 10
Pending = 1

Call to Order: Susan Frederick, council President, called the meeting to order at 9:30 a.m. Mrs. Frederick led the Pledge of Allegiance and asked guests to introduce themselves.

Present:

Jagjit Bhambra	Gail Garrett	Brian O'Toole
Mary Bruns	Arthur Kee	Gerry Richards
Deborah Card	Joanna Kim Selby	Summer Selleck
Jim Donnelly	Jill Kleiner	Kathie Thompson
Kevin Donovan	Steve Lipson	Terri Tobey
Jennifer Doran	Richard Nahm	Ron Tervelt
Rudy Fernandez	Frank Napoli	Dennis Yee
Susan Frederick	Nuru Neemuchwalla	

Absent: Shirley Krohn; Mary Rose; Frances Smith; Michael Syrett; Lorna VanAckeren

Guests: Nancy Leasure; Greg Wanket

Staff Present: Laura Cepoi, Glenda Pacha and Anthony Macias

Roll Call: Richard Nahm called roll; quorum established as 23 members present.

Announcements:

- None.

Approval of Today's Agenda:

- Approval of January 2020 meeting agenda motioned by Arthur Kee, Jagjit Bhambra second the motion, agenda approved without changes.

Approval of December 2019 Minutes:

- Rudy Fernandez corrected the population of Antioch to 115,000 (not 150,000).
- Approval of December minutes with correction.

Committee Work Group Reports:

Legislative Advocacy Workgroup – Shirley Krohn

- Shirley was absent from meeting but Susan had spoken with her and Shirley is proposing one person from each workgroup be the contact for legislation related to each workgroup focus.

Senior Mobility Action Council (SMAC) - Transportation: Mary Bruns

- At the next meeting, 1/27, Rocky from Mobility Matters will present on the Emergency Plan for their clients.
- Mary offered SMAC meetings as a place for proposed Event speakers to present their material as a kind of “audition” to speak at the event.
- Mary would like to have a newsletter for the ACOA 2020 event. Submissions due by June 15.

ACOA 2020 Event update: Jim Donnelly

- The ACOA 2020 event is scheduled for Thur Aug 27, 2020 and will be held at the Pleasant Hill Community Center which can accommodate 350.
- At the next SMAC meeting, the event will be discussed.
- Monday, 2/10 will begin a series of monthly planning meetings specifically for the event. The preliminary program needs to be finalized. Then speakers and sponsors need to be recruited.
- Projected attendance: 350.

Planning Committee – Ron Tervelt

- Presentations from Ombudsman Services and Contra Costa Senior Legal Services.

Housing Workgroup – Gerald Richards

- No Report as workgroup has not met this year.

Elder Abuse Prevention Workgroup – Mary Rose

- No Report as workgroup has not met this year.

Health Workgroup– Susan Frederick

- The work group discussed books that help people prepare to become a Caregiver.

Technology Workgroup – Steve Lipson.

- Workgroup continuing work on editing ACOA website.
- If workgroups have links they want placed on the ACOA webpage, let them know.
- Changes to or updates to webpage are submitted to Anthony.

Membership Committee – Jennifer Doran

- Jennifer passed out the ACOA “Voluntary Anonymous Annual Services Questionnaire 2020” required by Article 3.1 of the ACOA By-Laws and asked everyone to complete the survey and return it to her.
- Annual submission of Form 700 by council members are due to Anthony by April 1. Anthony will be handing these out at the next meeting.
- The composition of the Membership Committee must include a council member from one of the five county districts. There are currently vacancies for districts 1 and 2. During the break, council members from Districts 1 and 2 will meet to determine a representative to the Membership Committee.
- Currently there are three Member-At-Large (MAL) and eight city seats vacant.

Nutrition Council – Gail Garret

- No report as council has not met this year.

Treasurer's Report – Richard Nahm

- Zero balance at this time but collecting funds for coffee/refreshments and holiday party beginning at this meeting.

Area Agency on Aging Program Manager's Report – Laura Cepoi

- Governor's budget released in January 13, 2020; proposed priorities for aging and disabled Californians.
- Budget reflects revenues forecast for 2020-21 to be \$156.8 billion, which is a \$5.8 billion higher than previous year.
- Governor issued an executive order to take urgent actions to provide additional state aid to support local governments in addressing the growing homeless crisis.
- Medi-Cal Healthier California for All (formerly CalAIM) will provide a wider array of services and supports for individuals with complex needs, including older adults, whose health outcomes are, in part, driven by unmet social needs such as housing, transportation and food.
- Expanding full-scope Medi-Cal coverage to all older adults aged 65 years and older regardless of immigration status.
- The Budget includes \$3.6 million one-time General Fund to establish a coordination and training initiative through the Alzheimers' Disease Centers to help family caregivers.
- This initiative aligns closely with the work underway through the Governor's Alzheimer's Prevention and Preparedness Task Force.
- Increase of state minimum wage to \$13 dollars per hour.
- OTO Baseline funding arrived late in the fiscal year. Release of an additional \$57,000 Title III-B funds to be distributed pro-rata to current contractors. Title III-E funding received additional \$88,000. Title IV-D received funding of \$14,000.
- Senior nutrition programs received an additional \$545,000.
- Ombudsman Program – The RFP closed on 12/31/19 and we are ready to evaluate and award the contract.
- RFI is open for the Friendly Visiting Program and the Telephone Reassurance Program, both programs offer much support to those older adults who are isolated and live alone.
- Meals-on-Wheels Diablo region has hired their new director, Caitlin Sly.
- Many long time Health Insurance Counseling and Advocacy Program (HICAP) volunteers will be leaving this year. There are also not enough Spanish-speaking volunteers. There has been outreach/recruiting in West County. There will be interviews with potential volunteers later this month.
- The IHSS program in Contreras Costa is severely out of compliance with meeting timeframe for conducting initial assessments.

ACOA President's Report – Susan Frederick

- Supervisor Diane Burgis is the new Chair of the Board of Supervisors.
- West County Senior Coalition has a new chair, Kate Rauch. The coalition had their first meeting of the new year last week.

- Susan spoke at the meeting of the Contra Costa County Meds Coalition, a community-based coalition that serves to prevent prescription drug related addiction and overdose deaths through community education, policy change, and advocacy. They will be coming to speak at a future ACOA meeting.
- Dept. of Health Care Services proposes major changes to the way dual eligible (MediCare/MediCal) beneficiaries get their health care in new program Medi-Cal Healthier California for All (formerly CalAIM).
- The new program is similar to this county's Community Connect program, which partnered with Dept. of Health Services to provide comprehensive "whole person" care to MediCal recipients who are high users of the ER and high hospitalization rates.
- At last TACC meeting the Deputy Director of Statewide Initiatives Foundation for Independent Living spoke about their outreach efforts for the 2020 Census.
 - Independent Living Centers are also working on 2020 Census outreach.
 - Southern California non-profits are working with communities on disaster preparedness.
 - Karen Anderson of Lavender Seniors of East Bay, in Oakland, discussed friendly visitors program, Video Safe, and visible training program for health care workers who work with LGBTQ seniors
- At last year's California Area Agencies on Aging (C4A) there was a panel about the National Council on Aging training program called Aging Mastery Program. This is a 10 session course that provides an innovative experience that empowers older adults to embrace their gift of longevity by spending more time each day doing things that are good for themselves and for others.
- Another workshop at C4A conference discussed City of Los Angeles program that supplied bracelets for residents with dementia who wander. The bracelets are equipped with a locator device that the city can use to assist in locating a person who wanders and is lost in city.

Appointment of Workgroup and Committee Chairs – Susan Frederick

- Legislative – Shirley Krohn
- Transportation – Mary Bruns
- Technology – Steve Lipson
- Nutrition – Gail Garrett (not appointed by the President)
- Planning – Kevin Donovan
- ACOA 2020 – Jim Donnelly
- Health – Susan Frederick
- Housing – Gerald Richards
- Elder Abuse Prevention – Mary Rose
- Membership – Jennifer Doran & Richard Nahm
- Susan announced that she appointed Summer Selleck to be the LGBTQ representative to the ACOA.

Consent items:

- None.

Results of Caucus for District Representatives for Districts 1 and 2

- District 1 Representative: Gail Garrett
- District 2 Representative: Nancy Leasure (upon appointment to ACOA in February)

PRESENTATION: Contra Costa Transit Authority and Transportation Plan –Don Tatzin

- CCTA is a public agency formed by voters in 1988 to manage the county's transportation sales tax program and to lead transportation planning efforts.
- Gap between available funding and needs remains high. Local funding will keep vital services in place and help attract other funding sources.
- By 2035, 30 percent of the population is expected to be 65* or older. Need new and alternative transportation solutions to support the aging population.
- Measure J will focus improvements in areas with the worst bottlenecks. It will allow Contra Costa County to qualify for state and federal matching funds.
- Measure J would increase sales tax by ½ cent and will last for 35 years.
- Projected \$3.6 billion raised in first 24 years through measure.
- Proposed funding from measure includes:
 - Transit Services in Central, East and Southwest Contra Costa - \$392 million
 - Increase Bus Services and Reliability in West County - \$250 million
 - Improved Walking and Biking on Streets and Trails - \$215 million
 - Accessible Transportation for Seniors, Veterans and People with Disabilities- \$180 million
 - Cleaner, Safer BART- \$120 million

Regional Coalition updates – Debbie Toth

- The Scan Foundation continued funding for the Regional Coalitions and provided additional funding for local work on the Master Plan for Aging (MPA).
- Sign up for EngAGE updates from the California Dept. of Aging to get updates from the MPA.
- The Long Term Services and Support Subcommittee (of the MPA) will provide feedback on the CalAIM Medi-Cal waiver in March.
- Webinar Wednesdays begin in February (Every Wednesday, 9:30-11) presentations from different lens to view aging issues (e.g. transportation)

New Business for Next Month's meeting

- Jim will bring refreshments to the February meeting.

Public Comment

- Jagit said that Contra Costa Head Start program has necklaces/tags to locate children who wander.

Next ACOA Meeting February 19, 2020

Susan adjourned meeting at 11:30 am.