



# Agenda

## FAMILY AND HUMAN SERVICES COMMITTEE

February 1, 2010  
1:00 P.M.

651 Pine Street, Room 101, Martinez

Supervisor Gayle B. Uilkema, Chair

Supervisor Federal D. Glover, District V, Vice Chair

### Agenda Items:

Items may be taken out of order based on the business of the day and preference of the Committee

1. Introductions
2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to three minutes).
3. #98 – Mental Health Pavilion (20 Allen) – An update on the planning process being used to develop recommendations on the programs and services to be offered.  
Presenter: Donna Wigand, Mental Health Director, Health Services Department

Next regularly scheduled meeting of the Family and Human Services Committee will be held on March 1, 2009, at 651 Pine Street, Room 101, 1:00 P.M.

☺ *The Family and Human Services Committee will provide reasonable accommodations for persons with disabilities planning to attend Committee meetings. Contact the staff person listed below at least 72 hours before the meeting.*

📁 *Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Family and Human Services Committee less than 96 hours prior to that meeting are available for public inspection at 651 Pine Street, 10th floor, during normal business hours.*

✉ *Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.*

### For Additional Information Contact:

Dorothy Sansoe, Committee Staff  
Phone (925) 335-1009, Fax (925) 646-1353  
dsans@cao.cccounty.us

## Glossary of Acronyms, Abbreviations, and other Terms (in alphabetical order):

Contra Costa County has a policy of making limited use of acronyms, abbreviations, and industry-specific language in its Board of Supervisors meetings and written materials. Following is a list of commonly used language that may appear in oral presentations and written materials associated with Board meetings:

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<b>AB</b>	Assembly Bill	HCD	(State Dept of) Housing & Community Development
ABAG	Association of Bay Area Governments	HHS	Department of Health and Human Services
ACA	Assembly Constitutional Amendment	HIPAA	Health Insurance Portability and Accountability Act
ADA	Americans with Disabilities Act of 1990	HIV	Human Immunodeficiency Syndrome
AFSCME	American Federation of State County and Municipal Employees	HOV	High Occupancy Vehicle
AICP	American Institute of Certified Planners	HR	Human Resources
AIDS	Acquired Immunodeficiency Syndrome	HUD	United States Department of Housing and Urban Development
ALUC	Airport Land Use Commission	Inc.	Incorporated
AOD	Alcohol and Other Drugs	IOC	Internal Operations Committee
BAAQMD	Bay Area Air Quality Management District	ISO	Industrial Safety Ordinance
BART	Bay Area Rapid Transit District	JPA	Joint (exercise of) Powers Authority or Agreement
BCDC	Bay Conservation & Development Commission	Lamorinda	Lafayette-Moraga-Orinda Area
BGO	Better Government Ordinance	LAFCo	Local Agency Formation Commission
BOS	Board of Supervisors	LLC	Limited Liability Company
CALTRANS	California Department of Transportation	LLP	Limited Liability Partnership
CalWIN	California Works Information Network	Local 1	Public Employees Union Local 1
CalWORKS	California Work Opportunity and Responsibility to Kids	LVN	Licensed Vocational Nurse
CAER	Community Awareness Emergency Response	MAC	Municipal Advisory Council
CAO	County Administrative Officer or Office	MBE	Minority Business Enterprise
CCHP	Contra Costa Health Plan	M.D.	Medical Doctor
CCTA	Contra Costa Transportation Authority	M.F.T.	Marriage and Family Therapist
CDBG	Community Development Block Grant	MIS	Management Information System
CEQA	California Environmental Quality Act	MOE	Maintenance of Effort
CIO	Chief Information Officer	MOU	Memorandum of Understanding
COLA	Cost of living adjustment	MTC	Metropolitan Transportation Commission
ConFire	Contra Costa Consolidated Fire District	NACo	National Association of Counties
CPA	Certified Public Accountant	OB-GYN	Obstetrics and Gynecology
CPI	Consumer Price Index	O.D.	Doctor of Optometry
CSA	County Service Area	OES-EOC	Office of Emergency Services-Emergency Operations Center
CSAC	California State Association of Counties	OSHA	Occupational Safety and Health Administration
CTC	California Transportation Commission	Psy.D.	Doctor of Psychology
dba	doing business as	RDA	Redevelopment Agency
EBMUD	East Bay Municipal Utility District	RFI	Request For Information
EIR	Environmental Impact Report	RFP	Request For Proposal
EIS	Environmental Impact Statement	RFQ	Request For Qualifications
EMCC	Emergency Medical Care Committee	RN	Registered Nurse
EMS	Emergency Medical Services	SB	Senate Bill
EPSDT	State Early Periodic Screening, Diagnosis and treatment Program (Mental Health)	SBE	Small Business Enterprise
et al.	et ali (and others)	SWAT	Southwest Area Transportation Committee
FAA	Federal Aviation Administration	TRANSPAC	Transportation Partnership & Cooperation (Central)
FEMA	Federal Emergency Management Agency	TRANSPLAN	Transportation Planning Committee (East County)
F&HS	Family and Human Services Committee	TRE or TTE	Trustee
First 5	First Five Children and Families Commission (Proposition 10)	TWIC	Transportation, Water and Infrastructure Committee
FTE	Full Time Equivalent	VA	Department of Veterans Affairs
FY	Fiscal Year	vs.	versus (against)
GHAD	Geologic Hazard Abatement District	WAN	Wide Area Network
GIS	Geographic Information System	WBE	Women Business Enterprise
		WCCTAC	West Contra Costa Transportation Advisory Committee

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## Schedule of Upcoming BOS Meetings

February 2  
 February 9  
 February 23

WILLIAM B. WALKER, M.D.  
Health Services Director  
DONNA M. WIGAND, L.C.S.W.  
Mental Health Director



**CONTRA COSTA  
MENTAL HEALTH**

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**TO:** Family and Human Services Committee, Contra Costa County Board of Supervisors  
Supervisor Gayle Uilkema  
Supervisor Federal Glover

**FROM:** William B. Walker, M.D., Health Services Director, and  
Donna M. Wigand, LCSW, Mental Health Director *DMW*

**SUBJECT:** 20 Allen Street Planning Update

**DATE:** January 25, 2010

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The planning process for the 20 Allen Street project has been ongoing since March 2008. The proposal from CCHS for 20 Allen Street evolved out of department and county discussions around proposed budget reductions early in 2008. Planning for a proposed multi-program psychiatric campus was commensurate effective April 8, 2008, with Board of Supervisors direction to Dr. William Walker, Director, Contra Costa Health Services. The seeds for the idea of including crisis residential care, and the availability of 24/7 urgent care on a psychiatric campus was born out of the Mental Health Services Act public planning process which was conducted during the period of 2005-2007. However, based upon more recent public planning processes, the configuration has somewhat changed to include a crisis residential care, the availability of a voluntary 16 hour urgent care clinic for all ages, and a 5150 receiving center for individuals under the age of 18.

Subsequent the April 8, 2008 action of the Contra Costa County Board of Supervisors, the Contra Costa Mental Health Commission met and forwarded to the Board of Supervisors its recommendations regarding the establishment of a separate psychiatric site. Mental Health Commission recommendations were included in a letter to the Board of Supervisors, and on April 22, 2008, the Board of Supervisors approved moving forward with the financial feasibility stage of the project at 20 Allen Street, Martinez.

Since that time, CCHS continued with planning for a psychiatric campus at 20 Allen Street. The planning has included public dialogue, discussion, and review of the proposed use for the property. Multiple stakeholder entities have been involved in the public planning, including: the Contra Costa County Board of Supervisors; Board of Supervisor Finance and Human Services Committees; the Mental Health Commission at regular meetings, special meetings, and Public Hearings; a Mental Health Capital Facility Stakeholder Workgroup; a joint Mental Health Commission/Consolidated Planning Advisory Workgroup "Capital Facility/Information Technology" Workgroup; MHSA Capital Facility/IT Stakeholder meetings; MHSA Consolidated Planning Advisory Workgroup meetings and committees; Focus Groups including mental health consumer and family members; surveys of mental health consumers, family members, and also county mental health staff; Community Forums and Community meetings conducted by the Mental Health Division; and also via a public review and comment period for the originally proposed MHSA (Mental Health Services Act) Capital Facility & Technology Need Component Proposal (conducted in January 2009).



The planning process to use 20 Allen Street for proposed psychiatric programs continued throughout 2008, 2009, and into 2010. In September 2009, the Mental Health Commission created a joint Mental Health Commission/MHSA Consolidated Planning Advisory Workgroup on Capital Facilities (and later added Information Technology).

In December 2009, the MHSA Consolidated Planning Advisory Workgroup (CPAW) opted to create a separate CPAW Capital Facility/IT Committee, with the charge of bringing the peer and family perspective to the program design for both components (both Capital Facilities and Technology Needs), including increased access to services. The CPAW representatives to the Joint Mental Health Commission/CPAW Workgroup did not necessarily agree that more information was needed (for developing recommendation by the joint group to the Mental Health Commission), but rather CPAW's agenda surrounds MHSA/Proposition 63 issues, and the CPAW representatives to the joint workgroup felt there was more urgency to get recommendations back to CPAW (the MHSA integrated stakeholder advisory workgroup to the Mental Health Director) as they relate to MHSA plans for the Capital Facilities and Technology Needs component. At the January 7, 2010 regular CPAW meeting, it was agreed to formally dissolve the joint CPAW/Mental Health Commission Capital Facilities/Information Technology Workgroup.

The community based Child and Adolescent Task Force, at their September 2009 meeting, unanimously passed a motion to support the establishment of a mental health "Assessment and Recovery Center" that would include a separate voluntary and involuntary 24-hour crisis program for children and adolescents. That motion was further clarified and confirmed at their meeting in October 2009. They confirmed their support for a centralized set of children's services, separate from the hospital, that would allow children and youth to receive discreet services to assess their needs, provide them (and their families) with a safe place to be during a crisis, and ensure that they receive timely and appropriate care from trained professionals and family partners. *(see letter, attached)*

The Mental Health Commission, at their meeting of January 14, 2010, approved the MH Commission's Capital Facility/IT Workgroup recommendation to place mental health services at the 20 Allen Street property, but not with the currently proposed configuration.

The CPAW Capital Facility/IT Committee will be meeting on January 27, 2010, to formulate their recommendation(s) to the regular CPAW meeting of February 4, 2010. Subsequent that meeting, CPAW will likely be forwarding their recommendation regarding 20 Allen Street to the Mental Health Director.

Thank you.

# ***Child & Adolescent Task Force***

Kathi McLaughlin, Chair  
P.O. Box 1535 • Martinez, CA 94553 • 925-372-6886

*Seeking to ensure all Contra Costa County children and their families have access to mental health care.*

November 5, 2009

Dr. William Walker  
Contra Costa County  
Health Services Director  
50 Douglas Street, Ste. 310  
Martinez, CA 94553  
Re: Proposed Capital Facility at 20 Allen St.

Dear Dr. Walker:

At our September 22<sup>nd</sup> meeting the Child and Adolescent Task Force (CATF) unanimously passed a motion to support the establishment of a mental health "Assessment and Recovery Center" that would include a separate voluntary and involuntary 24-hour crisis program for children and adolescents. That motion was further clarified and confirmed at our October 27<sup>th</sup> meeting.

At our October meeting CATF confirmed our support for a centralized set of children's services, separate from the hospital, that would allow children and youth to receive discreet services to assess their needs, provide them (and their families) with a safe place to be during a crisis, and ensure that they receive timely and appropriate care from trained professionals and family partners.

The addition of these services would meet the stated purpose of the Mental Health Services Act to "transform" the mental health system, at least as it relates to children and youth, by adding services that:

- Currently do not exist;
- Are family and child friendly;
- Allow for timely crisis response and assessment;
- Ensure children are not held beyond 23 hours;
- Ensure children are not mixed with other populations and have their own safe and age appropriate space;
- Ensure services are provided by specialists well versed in children's mental health;
- Avoid costly inpatient hospitalization for many children;
- Support families in maintaining children in the least restrictive, most appropriate level of care; and
- Potentially reduce the number of children arbitrarily placed out of home, out of county, and out of state.

As children's advocates, we are excited at the prospect of this new array of services that will provide children and their families with quality services that currently do not exist in this county. We urge you to do all you can to support the acquisition of this property to provide these critically needed services and supports to children, and mental health consumers and families of all ages. Please feel free to call if you have any questions or would like any additional information.

Sincerely,

*Kathi McLaughlin*

Kathi McLaughlin  
CATF Convener/Chair  
Martinez Unified School District  
California School Boards Association

PS: At the time of our meeting, CATF was not aware that Health Services had reduced the offer on the property and that a very quick deadline had been proposed. I believe that I can speak on behalf of the task force members to say that we hope you will not allow a few hundred thousand dollars to stand in the way of purchasing this property that we hope will be used to provide services to consumers and their families. If this property *is* purchased we hope that it will be used to house critically needed services rather than parking and records storage.

cc: Susan Bonilla, Chair, Contra Costa Board of Supervisors  
Federal Glover, Contra Costa Board of Supervisors  
John Gioia, Contra Costa Board of Supervisors  
Mary Piepo, Contra Costa Board of Supervisors  
Gayle Uilkema, Contra Costa Board of Supervisors  
David Twa, Contra Costa County Administrator  
Pat Godley, Chief Financial Officer  
Donna Wigand, Contra Costa County Mental Health Director  
Suzanne Tavano, Contra Costa County Deputy Mental Health Director  
Vern Wallace, Contra Costa County Children's Mental Health Program Chief  
Sherry Bradley, MHSA Coordinator (for distribution to the Consolidated Planning Advisory Workgroup  
Peter Mantas, Chair, Contra Costa Mental Health Commission (for distribution to all Commission members)  
Sandy Kleffman, *Contra Costa Times*  
Greta Mart, *Martinez News Gazette*