

FOOD BANK QUICK FACTS:

- Approximately 182,000 people served each month, 121,500 in CC County, 60,500 SOL
- 22 million pounds of food distributed last fiscal year, enough for *more than 18 million meals*.
- Nearly 60% of the food distributed was fresh produce.
- The Food Bank serves 1 in 8 residents.
- 26% of households served include veterans.
- 96 cents of every dollar donated goes directly to food programs.
- 1 out of 4 people receiving emergency food are children.
- 2 out of 3 people served had to choose between paying for food and paying their rent or mortgage.
- Every dollar donated provides the equivalent of two healthy meals. Put another way, every dollar donated provides the Food Bank with \$3 in food distributed.
- Food Bank Federal Tax ID# 94-2418054
- Founded in 1975 (started in Contra Costa County)

HOW DOES THE FOOD BANK HELP PEOPLE IN NEED?

The Food Bank of Contra Costa and Solano distributes food directly to people in need through the following programs:

Community Produce Program

Refrigerated trucks have been customized for the exclusive purpose of distributing fresh produce to communities in need. Clients will be able to pick-up an average of 20 pounds of produce, twice per month.

Extra Helpings

Clients referred by the Contra Costa County Health Department receive supplemental food twice a month.

Food Assistance Program

Individuals receive fresh produce, bread, and USDA commodities every month at one of 31 sites.

Farm 2 Kids

Food for children whose families cannot afford to keep enough food on the table. Every week, the Food Bank distributes 3-5 pounds of fresh produce per child through after-school programs in low-income schools.

Food for Children

Children, ages 4 to 6, receive free food every month at one of nine sites.

Harvest to Home

Fresh produce and bread are distributed to low-income housing complexes twice a month.

School Pantry Program

Shelf-stable food items are available at high schools and middle schools where 50% or more of the students receive free or reduced price lunch.

Senior Food Program

Low-income senior citizens receive free groceries twice a month.

Other Programs

The Food Bank partners with over 180 area nonprofits like emergency food pantries, community kitchens and group homes to distribute food to more people in need throughout Contra Costa and

Solano counties. Partner agencies run independently while meeting certain guidelines for safety and service set by the Food Bank as a member of Feeding America.

The Food Bank is committed to helping people who need help accessing nutritious food through the CalFresh program.

HOW CAN I HELP PEOPLE IN NEED?

Every day, thousands of people in our community struggle to meet their basic nutritional needs. You can make a difference right now.

Donate Money

The Food Bank invests your gift effectively and efficiently: 96% of your donation goes towards getting food to hungry people. The Food Bank of Contra Costa and Solano is a 501(c)(3) nonprofit organization, so your gift is tax-deductible.

Donate Food

The Food Bank solicits, warehouses and distributes large-scale food donations to 180 agencies and directly through food assistance programs.

Volunteer

Volunteers are essential at all levels of the Food Bank's operations from working in the warehouse packing food to staffing at public awareness and fundraising events.

Advocacy

You can make a lasting difference in the lives of people in need by supporting legislative change, raising hunger awareness and promoting available solutions.

Stay Informed

Sign up for the Food Bank's monthly E-News & Updates (www.foodbankccs.org/enews) to stay informed on how you can help your neighbors in need, public events that benefit the Food Bank and new achievements in our fight to end food poverty throughout the community.

Join Our Online Community

Stay up to the minute of how you can help and spread awareness as part of the Food Bank's Online Community.

- Blog <http://www.foodbankccs.org/media-center/blog.html>
- Facebook <https://www.facebook.com/foodbankccs>
- Twitter <http://twitter.com/foodbankccs>

HOW CAN I GET HELP?

Call 855-309 FOOD or visit www.foodbankccs.org