



Contra Costa County
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www.contracostatv.org/veteransvoices

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MEDIA RELEASE

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Veterans' Show Focuses on Discharge Upgrades

On **Monday, November 8th, from 7 pm to 8 pm**, the Veterans' Voices show will host a discussion entitled "**Discharge Upgrades: Restored Honor**". The show will share the stories of people whose lives have been deeply affected by discharge status and provide valuable information for Veterans seeking upgrades. Guests will include Shannon Fitzpatrick who will share how discharge status affected her Marine Veteran partner. Marine Veteran Atef Latif will talk about his journey to upgrade his discharge status with the VA and the DoD. Legal Director for Swords to Plowshares Maureen Siedor and VA Management Analyst Tom Wiltshire will talk about the process, resources and where to get started.

Viewers can share their own experiences or ask a question by calling into the program at 925-313-1170. They can also use that number to record a message for the panel any time prior to the show. Leave questions and comments at [Facebook@Veteransvoices1](https://www.facebook.com/VeteransVoices1) or [email veteransvoices@contracostatv.org](mailto:veteransvoices@contracostatv.org) prior to or during the live show.

The Veterans' Voices program is broadcasted live on Contra Costa Television (CCTV) on the second Monday of every month at 7 pm. It is also live online at [facebook.com/veteransvoices1](https://www.facebook.com/veteransvoices1). You can find an archive of past shows and show resources at <https://www.contracosta.ca.gov/5163/Veterans-Voices> or on our YouTube channel [Veterans Voices of Contra Costa](https://www.youtube.com/channel/UC...). The show is re-run multiple times on CCTV: Comcast Channel 27, Wave Channel 32, and AT&T U-Verse Channel 99.

A "less than honorable" discharge can deny a Veteran of VA benefits and opportunities in the civilian world. For those Veterans who feel they deserve a discharge upgrade, exploring the process could be a life changing event. This show will give them the knowledge and tools to start that journey.

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