

Reentry Services & Evidence-Based Programming

Office of Reentry & Justice
Contra Costa Probation Department
November 30, 2021



Today's Agenda

1. Recap: Trainings 1 & 2
2. Logic Models & Alignment to EBPs
3. Data Collection Considerations
4. Strategies for RFP Success!

Recap: Trainings 1 & 2

New Request for Proposals

- December 9, 2021: The ORJ will release a new series of RFPs
 - RFPs will support our new direction toward a data driven approach to decision making
 - Contract period: July 1, 2022 – June 30, 2025
- These RFPs will introduce new standards surrounding data collection, monitoring, and evaluation processes.
 - *ALL new procurement responses will require a logic model*
 - These processes are often referred to as *performance-based contracting*
- One specific RFP seeks applications from organizations to provide *evidence-based reentry Housing and Employment programs & services*

A Data Driven Approach to Decision-Making

1

Are we doing work that's supported by evidence?

- Results First Clearinghouse (reentry services)
- Blueprints Programs (juvenile)
- SAMHSA (mental health)

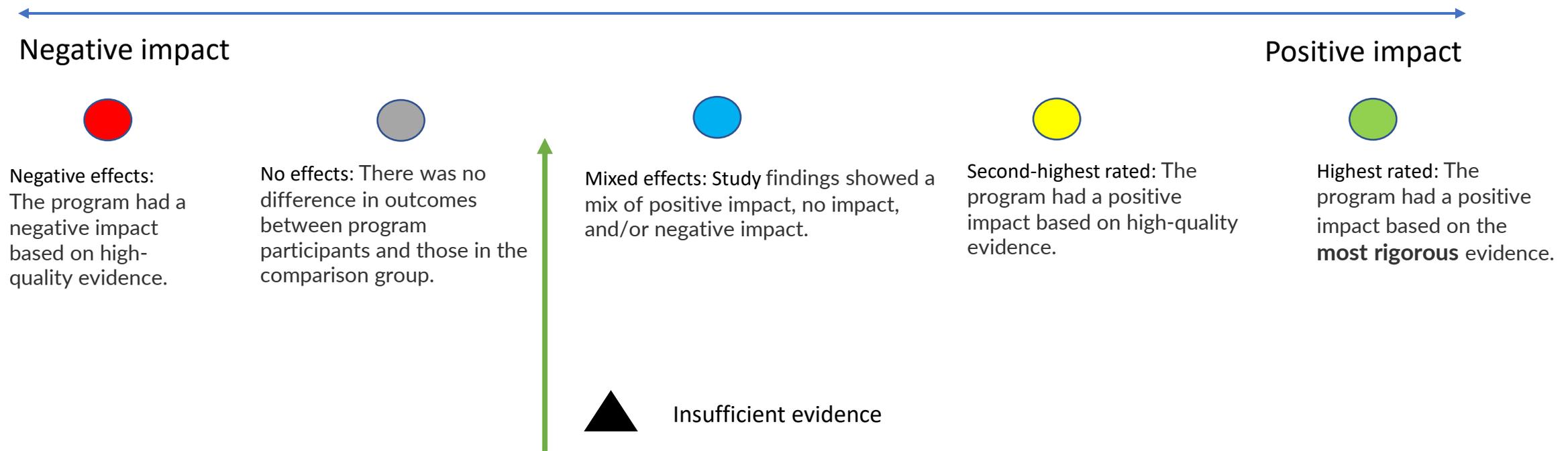
2

How well are our programs and services delivered?

Is our work leading to our desired outcomes?

- Data collection to establish baseline information
- Measure progress and continuous improvement

Results First Clearinghouse Ratings



Results First Clearinghouse: Thinking for a Change

Clearinghouse: 

Thinking for a Change (T4C) is a cognitive-behavioral curriculum developed by the National Institute of Corrections that concentrates on changing the criminogenic thinking of offenders. T4C is a cognitive-behavioral therapy (CBT) program that includes cognitive restructuring, social skills development, and the development of problem-solving skills.

Clearinghouse:

CrimeSolutions.gov

Clearinghouse rating:

Promising

Outcomes:

Recidivism

Settings:

Other Community Setting

Ages:

Not specified

Target populations:

High Risk Offenders

[Learn more](#)

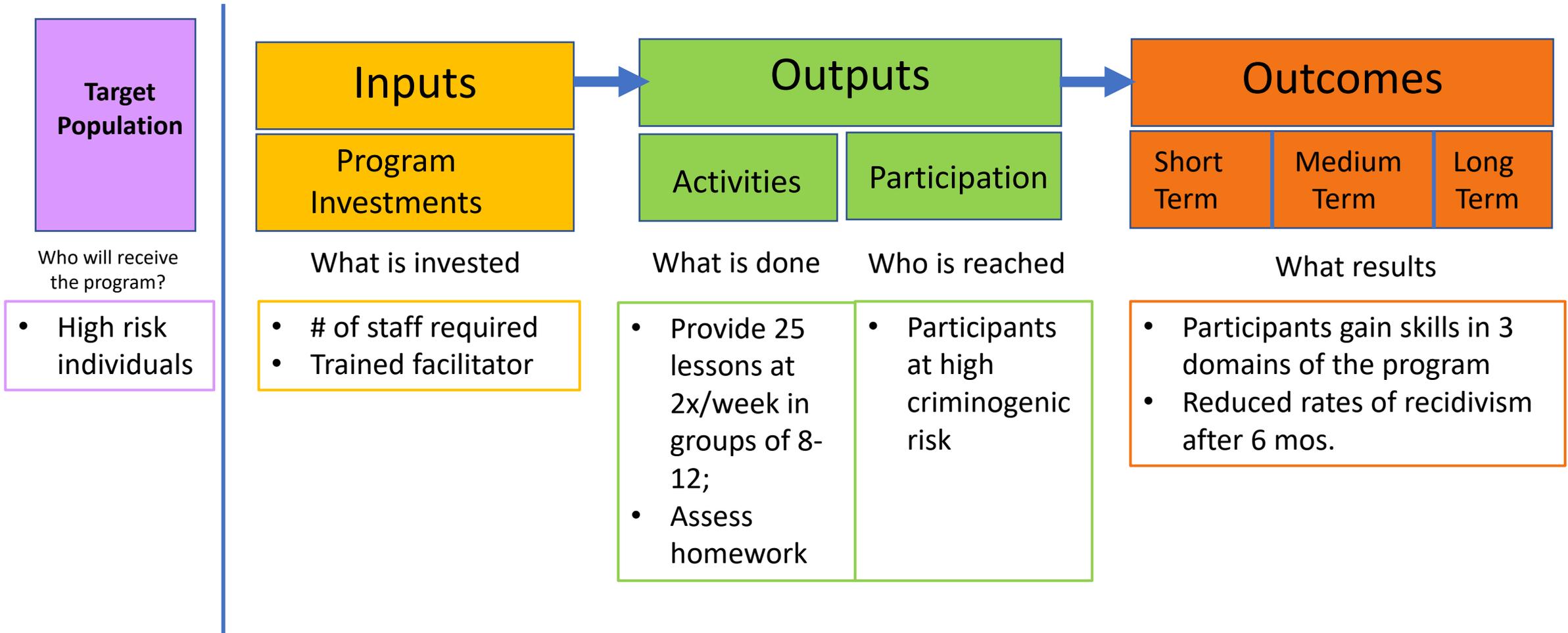
Results First Rating Color:

 Second-highest rated

Results First Category:

Crime & delinquency

An Expanded Logic Model: T4C



Key Questions Lead to Data Indicators: T4C

KEY QUESTIONS	Inputs	Outputs	Outcomes
<ul style="list-style-type: none"> • Proportion of referrals with high risk? 	<ul style="list-style-type: none"> • Is there a trained program facilitator? • Are staff trained in other necessary practices? 	<ul style="list-style-type: none"> • Were all lessons delivered? • Did each participant receive feedback? • What proportion of participants completed the program? 	<ul style="list-style-type: none"> • What proportion of individuals who completed the program returned to custody within 1 year? 2 years?
DATA INDICATORS	<ul style="list-style-type: none"> • Are all (%) program facilitators trained and certified? • # (%) of staff trained in other necessary practices? (e.g. MI, TIC) 	<ul style="list-style-type: none"> • # (%) of lessons delivered by trained facilitators • # (%) of participants that received personalized feedback • # (%) of participants that completed the program • Avg. size of groups 	<ul style="list-style-type: none"> • # (%) of participants that completed the program who returned to custody within 1 year of program completion Within 2 years of program completion

Pause for Q and As

Logic Models & Alignment to EBPs

Another Example:

CONSIDER

- You are currently running a parenting education program designed for parents who are or have been justice involved

AND

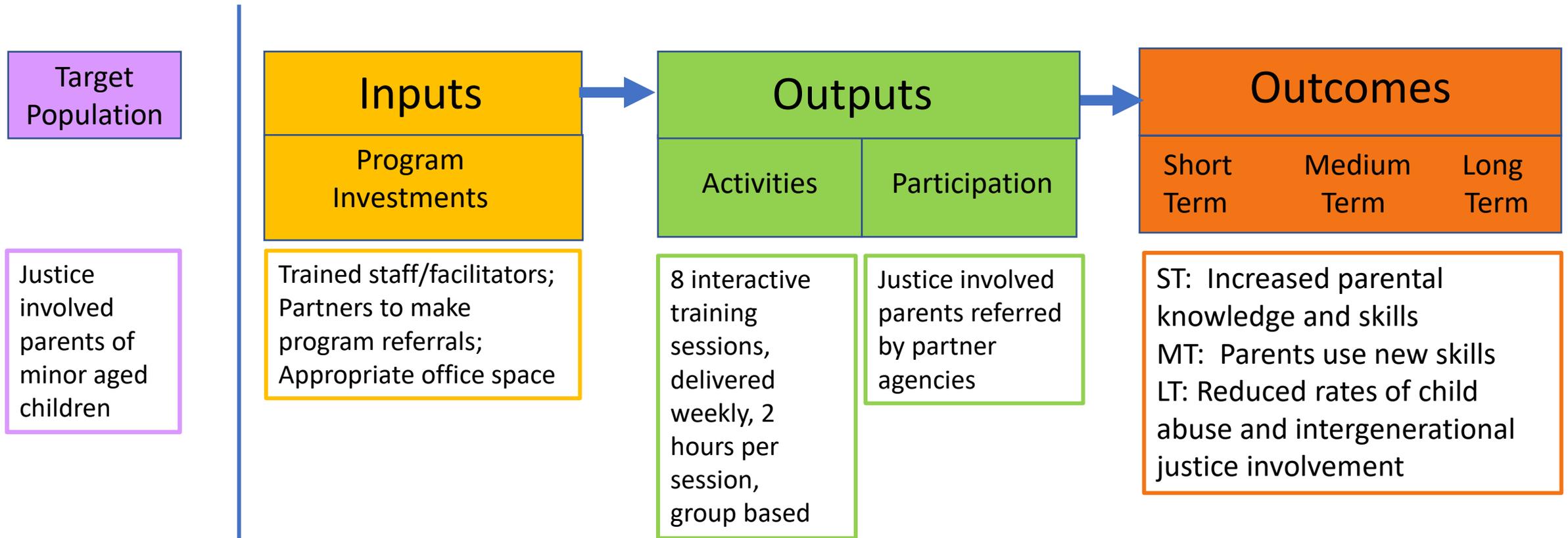
- The County plans to release an RFP for the parenting education programs

BUT

- The County requires implementation of an EBP, and you aren't sure if your program is evidence-based...

WHAT DO YOU DO?

Parenting Education Program, Example



Logic Model: Scenario #1

Results First Clearinghouse: Parenting Education Program, Scenario #1

Clearinghouse: ●

Parenting from Prison is a parent education program for individuals in custody. The program curriculum teaches inmates skills to strengthen family functioning, increase positive behaviors, decrease substance abuse, and increase their knowledge of risk and resilience factors. The 20-session curriculum includes topics such as self-esteem, risk and resilience factors, communication, discipline, problem solving, decision making, and substance abuse.

Clearinghouse:

NREPP

Clearinghouse rating:

Effective

Outcomes:

KAB about Parenting

Self-Concept

Parenting Practices

Settings:

Correctional Facility

Ages:

18-25 (Young adult)

26-55 (Adult)

55+ (Older adult)

Target populations:

Not specified

Results First Rating Color:

● Highest rated

Results First Category:

Mental health; Substance Use

Learn more:
Unavailable

Scenario #1: Parenting From Prison

Age of participants is the same	✓
Target Population is NOT the same	✗
Dosage is NOT the same	✗
Program Elements are similar	✓
Settings are NOT the same	✗
Outcomes are similar	✓

Conclusion: While the Parenting Education program has some overlap with the Parenting from Prison evidence, it is far from a perfect match, nor is it even a good match with minor adaptations.

Next steps: Significant program adaptations would be required to address the gaps to the EBP, if possible. Otherwise, programmatic differences would be considered as innovations and run the risk of “drift”.

Logic Model: Scenario #2

Results First Clearinghouse: Parenting Education Program, Scenario #2

Clearinghouse: 

Parenting Fundamentals is a group-based parent education and skills training program for parents who speak English or Spanish, and, often, have low incomes, are part of an immigrant family, and/or are involved with the court of social service systems. The program is designed to improve participants' parenting strategies and, by extension, to improve their children's behavior, social capacities, emotional competencies, and cognitive skills.

Clearinghouse:

NREPP

Clearinghouse rating:

Effective

Outcomes:

Understanding parenting strategies

Home environment

Child behavior in the home

Settings:

Home or other community setting

Ages:

0-5 (Early childhood)

6-12 (Childhood)

18-25 (Young adult)

26-55 (Adult)

Target populations:

Not specified

Results First Rating Color:

 Highest rated

Results First Category:

Mental health

Learn more:

Scenario #2: Parenting Fundamentals

Age of participants is the same



Target Population is the same



Dosage is the same



Program Elements are NOT the same



Settings are similar



Outcomes are similar



Conclusion: The Parenting Education program has some good overlap with the Parenting Fundamentals evidence; it is not a perfect match, but can be with minor adaptations.

Next steps: Minor program adaptations to fully align the Parenting Education Program with Parenting Fundamentals (EBP).

Logic Model: Scenario #3

Results First Clearinghouse: Parenting Education Program, Scenario #3

Clearinghouse: ▲

Parenting Inside Out (PIO) is a cognitive-behavioral, group parenting skills training program based on the Oregon Social Learning Center's parent management training (PMT) program for at-risk families. PIO addresses the unique situation and issues of criminal-justice and systems-involved parents (substance abuse, child welfare). Group sessions introduce a set of core parenting practices (e.g., problem-solving, positive involvement, limit setting, monitoring, and nonviolent discipline), supporting skills (e.g., active communication, emotion regulation, emotion coaching), as well as child development, healthy family dynamics, and building relationships with children while separated. Parenting Coaches use interactive teaching skills (e.g., role play, group discussion, and problem-solving) to introduce and practice skills. There are three versions of the curriculum designed to fit different situations. The versions differ in the number of hours and some activities, and are designed for use in prisons, community settings (parents on parole or probation) and jails.

Clearinghouse:

CEBC

Clearinghouse rating:

Not able to be rated

Outcomes:

Gain parenting skills

Increase child resiliency

Prevent child problem behavior

Results First Rating Color:

▲ Insufficient Evidence

Settings:

Prisons and jails, community settings

Ages:

For parents/caregivers of children aged 0-19

Target populations:

Criminal justice/systems involved parents

[Learn more:](#)

Results First Category:

Child & family well-being

Scenario #3: Parenting Inside Out

Age of participants is the same



Target Population is the same



Dosage is NOT the same



Program Elements are similar



Settings are similar



Outcomes are similar



Conclusion: Overall, while there is some good alignment between our Parenting Education program and PIO, the PIO is a dosage intensive program. We are not prepared to take on the level of programmatic development necessary to align with the PIO, particularly as there is insufficient evidence to support the PIO.

Next steps: Redesign our program to align with a different, highly rated program design OR consider Parenting Education as an innovation.

Logic Model: Scenario #4

Scenario #4: Inside Out Dad

Clearinghouse: 

InsideOut Dad is an intervention developed by National Fatherhood Initiative (NFI) to help incarcerated fathers improve their parenting skills and develop stronger relationships with their children while in prison and after release. The objectives of the program are to (1) increase fathers' self-efficacy, (2) increase fathers' awareness, knowledge, and attitudes about being an involved, responsible, and committed father, and (3) increase contact between fathers and their children. The program consists of twelve 2-hour core sessions delivered weekly to groups of up to 12 fathers.

Clearinghouse:

NREPP

Clearinghouse rating:

Promising

Outcomes:

Self-efficacy

Parenting knowledge/attitude

Proactive contact with children

Results First Rating Color:

 Second-Highest rated

Settings:

Correctional

Ages:

26-55 (Adult), Fathers

Target populations:

Not specified

[Learn more:](#)

Results First Category:

Mental health

Scenario #4: Inside Out Dad

Age of participants is the same



Target Population is NOT the same



Dosage is NOT the same



Program Elements are NOT the same



Settings are NOT the same



Outcomes are similar



Conclusion: Overall, while the research is promising surrounding Inside Out Dad, this program is far from a good match as the target population, dosage and settings are not aligned.

Next steps: Redesign Parenting Education program to align with a different, highly rated program OR consider Parenting Education as an innovation.

What to do?

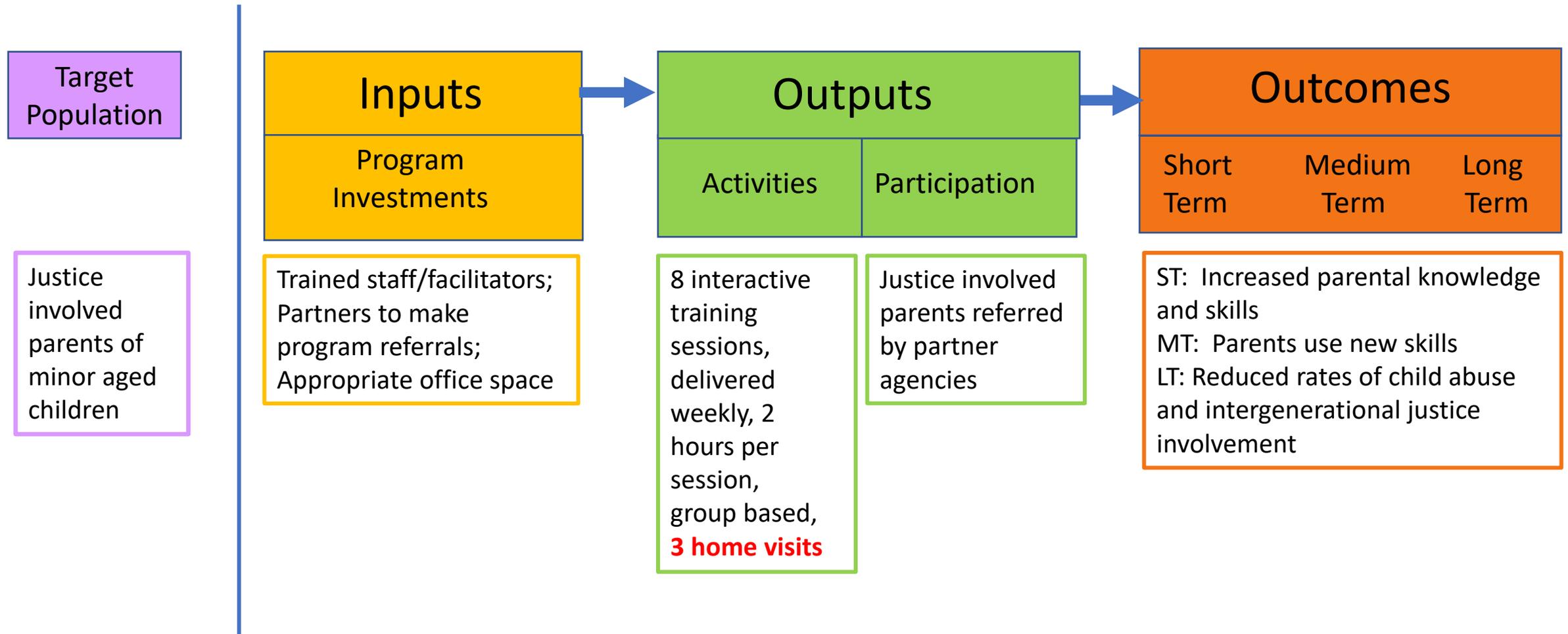
Scenario 1: PFP, highest rated evidence, but minimal program alignment

Scenario 2: PF, highest rated evidence, strong alignment with minor modifications

Scenario 3: PIO, insufficient evidence and minimal program alignment

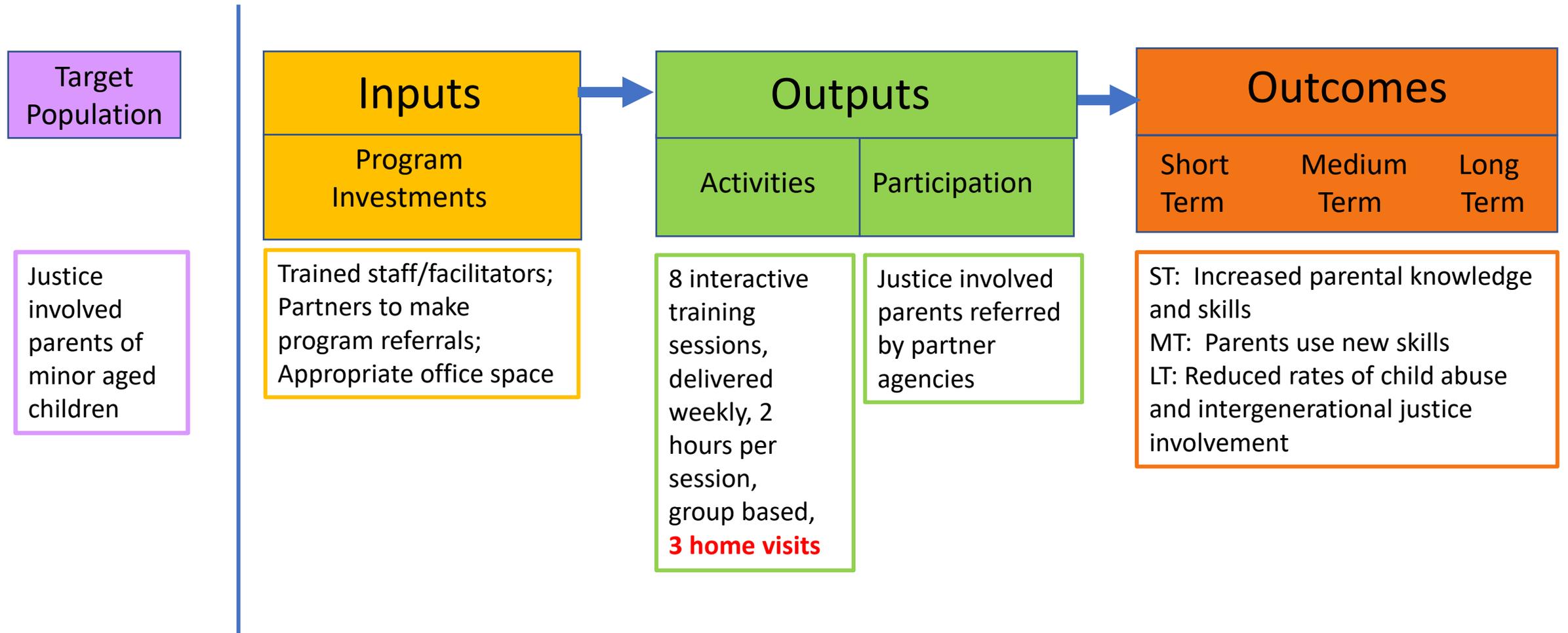
Scenario 4: IOD, promising evidence and poor program alignment

Modified Parenting Education Program Logic Model

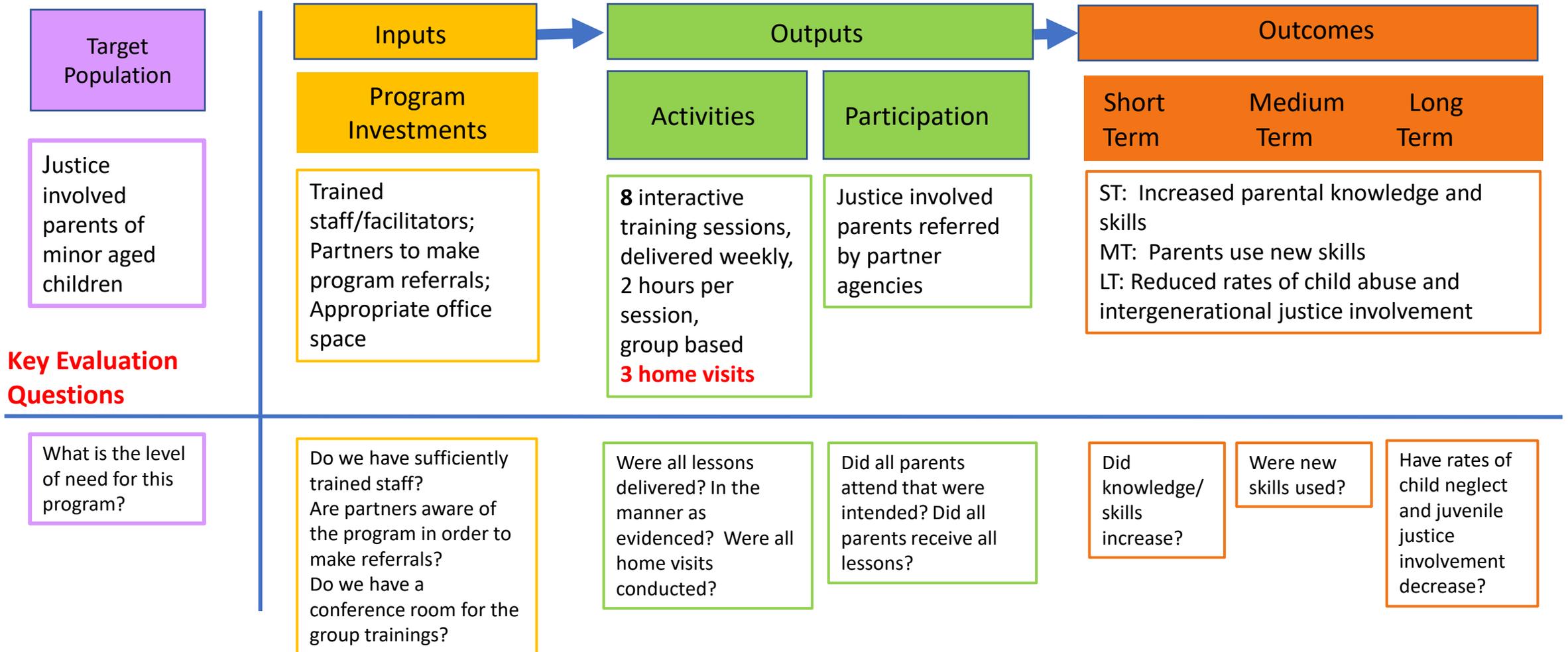


Pause for Q and As

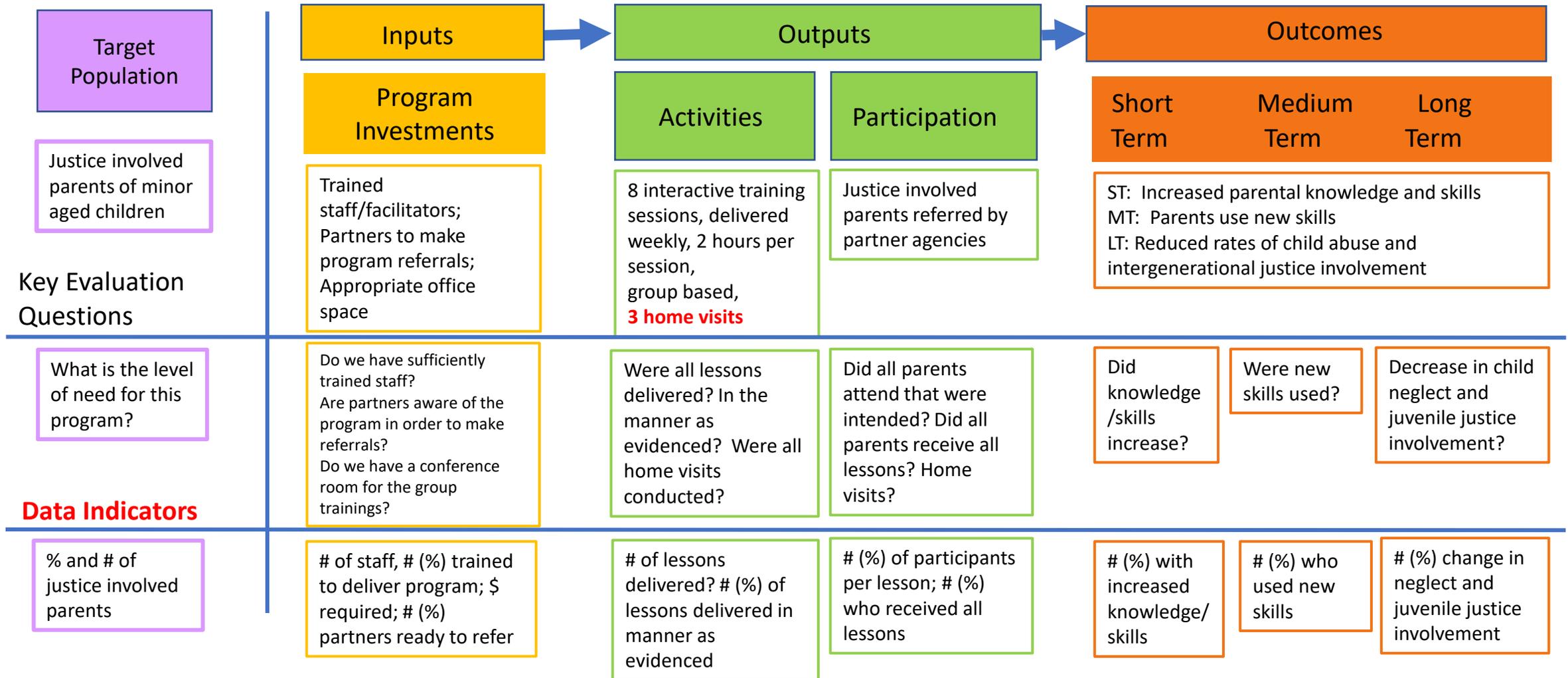
Modified Parenting Education Program Logic Model



Modified Parenting Education Program Logic Model



Modified Parenting Education Program Logic Model



Standards of Quality in a Logic Model

Meaningful: it represents action that is valued and worth doing



Plausible: it makes sense



Doable: it can be carried out



Testable: it can be verified

Data Collection Considerations

Types of Data Indicators

1. Individual Level:

- Demographics: sex, parental status, age, etc.
- Staff training and certification(s)
 - Motivational interviewing, trauma-informed, etc.
 - Training renewals
- Program level data and activities
 - Program sessions completed
 - Home visits completed, etc.
- Outcome level data
 - Changes in knowledge, attitudes, behavior

Types of Data Indicators

2. Programmatic Level:

- Counts (%'s) of:
 - Session completions
 - Home visits
 - Group sizes, etc.
 - # (%) referrals engaged in program
- Program completions, etc.

Types of Data Indicators

3. Outcome Level:

- Changes in knowledge/behavior (before and after assessments)
- Recidivism
 - New arrests or convictions over time

Data Collection in SAFE

- Data held in SAFE:
 - Participant demographic data
 - Referrals to services/programs
 - Program activities and completions
 - Goals and completions
 - Standardized RNR available via SAFE to all partners come FY 2022-23
 - Reports can be developed to monitor implementation of your program
- Limitations to SAFE:
 - No data surrounding staff and their training/certifications
 - Inconsistency in usage and data integrity issues

Reporting of Data Indicators

- With FY 2022-23, the ORJ will transition from the current AB 109 semi-annual reporting, that is currently in place, to a reporting based on your program's logic model and data indicators.
- Reporting of your programmatic data indicators will be required on a regular basis and the time frame for reporting will be dependent upon the specifics of your program.
 - You will be supported by a team of staff from the ORJ who will assist you with data collection and reporting, as well as any adaptations in the event outputs are not as expected.

Strategies for RFP Success!

1. Prepare a logic model for your existing program.
2. If you are looking to determine if your program is evidence-based, compare your logic model to the program components of the highly rated or promising programs identified in the Clearinghouse.
3. Identify one data savvy staff member to be responsible for data collection, reporting, assessments, and fidelity.
4. At this time, our priority is for Housing and Employment programs that are evidence-based rather than innovative.
 - We do expect to expand this priority once we have established the effectiveness of local Housing and Employment programs that are identified as evidence-based.

Pause for Q and As

Office Hours!

- Office hours open to all via Zoom.
- Tuesday, December 7th
 - 9AM to noon and 1PM to 4PM
 - <https://us06web.zoom.us/j/83634065015?pwd=OEEdtaFNaYXZSSGtZcXI5bU9uL2lvdz09>
 - Meeting ID: 836 3406 5015 Passcode: 878234
- Once the RFP is released on December 9th, the ORJ will not be available to discuss the RFP or any details with you.
 - However, questions can be addressed at the Bidders Conferences.

THANK YOU!!

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